Firefighters founded Drug Free Clubs in 2005 so something powerful could protect our youth.

Something <u>so tempting</u> it is stronger than the temptation to experiment with drugs.

Something <u>so</u> <u>strong</u> it impacts the very moment a teen is deciding whether or not to use.

Something <u>so simple</u> it makes the right choice **EASY**, because "no" is too hard for too many.

Award winning strategy that's <u>SO</u> much more than just drug testing!

- Tactics to halt peer pressure.
- Tangible reinforcement of good choices.
- Drug awareness information.
- Combined efforts in a teen's home, school, <u>AND</u> community = a team effort that works!
- Expert advice when it's most needed.
- The chance for teens to show colleges, friends and employers what they're about!

Age Matters!

Any substance use under age 18 greatly increases the chances of addiction later in life.

Was teaching "no" enough?

Students become DFCA members after passing a simple, confidential drug test. The test is not done as a trap, it is a safety net. Members can rely on testing as an "out" for drug related situations by saying, "I can't, I might get tested".

Although the test is done at school, only the parents and student receive test results. As a second prevention tool, parents are notified of perfect club moments to talk about drugs. Thirdly, members receive a full color photo ID card that unlocks positive reinforcement of their good choices! Members show their cards for "rewards" to recognize their drug free lifestyle. They vary from school to school, and have been anything from treats to ticket discounts, or even privileges unavailable to others. Also, membership is a highlight of any job or college application!

Retesting of random members is determined by a DFCA computer program and continues throughout the school year. As long as members remain drug free, the rewards continue and...

...Saying "I can't" stops peer pressure in its tracks!

How To Become a Member

1. Apply and pay.

Submit your one-page application, provided with this brochure, and payment to your school's coordinator, by mail to the address on back, or do it all at www.DrugFreeClubs.com.

Valid emails are EXTREMELY important for several key program items. DFCA will NEVER share this info.

2. Test drug free!

Applicants will be called down for testing at school and to create their DFCA account online. The process is very simple and confidential.

3. Get the ID card.

ID Cards are handed out at school. Parents are notified by letter or by phone.

4. Enjoy Rewards!

At school, or look for DFCA decals at local businesses, watch for our emails, or find details on our website!

5. TEENS STAY DRUG FREE!

Random tests could come any time. Relying on testing is the perfect escape from drug situations.

STOP!

We hope after you learn more about our ideas inside that your child will join our thousands of other club members BUT...Even if you do nothing else **PLEASE**



to talk to your child about drugs!

Use the fact that you got this brochure to spark an EASY conversation. Why?

Teens are about
50% LESS LIKELY
to use drugs if their
parents talk to them about it.

THEY'RE LISTENING! Studies have shown that frequent, good quality talks have a drastic impact on a child's choice about drug use. Club parents will get several more ideal "take five" moments, and resources make the talk go well, but EVERYONE can do this one now!

Just start with, "Hey—I got this information and I'm curious about your thoughts on it".

Smart right??
Wait until you read the rest inside!!

(or at DrugFreeClubs.com)



Are meetings required?

 DFCA does not require meetings but schools may add them.

How long does the drug test take?

 Tests typically take just a little longer than a normal bathroom break.

Are test results given on site?

 NO results are given to ANYONE on test day. Result times vary depending on the lab and are given directly to the parent and student.

What about prescriptions?

 Do not bring a list to school. If a substance is detected, a parent will be contacted for the prescription details. If they are consistent with the test, that student is drug free. It is best to save purchase receipts to speed up the process.

What if a student tests positive for drugs?

 Parents receive a phone call directly from the doctor's office DFCA works with to analyze samples. They will discuss the findings, and options. Membership is suspended.

Is there someone in place to help parents?

 Yes! An individual highly trained in substance abuse issues is available to answer club parent's questions, or to help when a parent is feeling vulnerable. To regain active membership in the club after a positive test, parents may speak with this parent resource and set a retest date with DFCA when their child can test drug-free.

DFCA

10361 Spartan Dr., Cincinnati, Ohio 45215 (877) YAY-DFCA (929-3322)



Making the Right Choice EASY!

"This program is a wonderful plan to help keep kids away from drugs and alcohol. A great idea to keep them on track in school and in life. Thank you."

- Sophomore parent

"I am so thankful for Drug Free Clubs of America! It looks great on a resume and gives me an excuse to turn down drugs." -Senior year member