



Dear Parents,

I hope this letter finds you and your family staying warm and doing well. Our students are working hard this quarter *Living the Gospel with a Spirit of Compassion, Hope and Joy.*

We talk a great deal about mission at Notre Dame Academy. With Catholic Schools Week right around the corner, it is a great time for us to reflect on our mission statement at NDA. It is written in gold lettering in the rotunda of our foyer and I can assure you that our community is well versed in our mission:

Notre Dame Academy, a Catholic high school dedicated to Mary and committed to academic excellence, exists to educate young women to make a difference in the world.

I am grateful for the many ways we are connected through our mission at Notre Dame Academy. In the tradition of the Sisters of Notre Dame, our goal is to produce young women who have a fundamental desire to seek excellence and make a difference not only for themselves, but also for the world at large. We do this by offering challenging academic programs and a multitude of co-curricular opportunities that include community service, student life, fine arts, leadership and athletics. We are blessed with the support of so many parents, families, alumnae and friends of NDA who deeply believe in our mission. We appreciate their continued support in our efforts to provide a premiere education rooted in the Catholic faith.

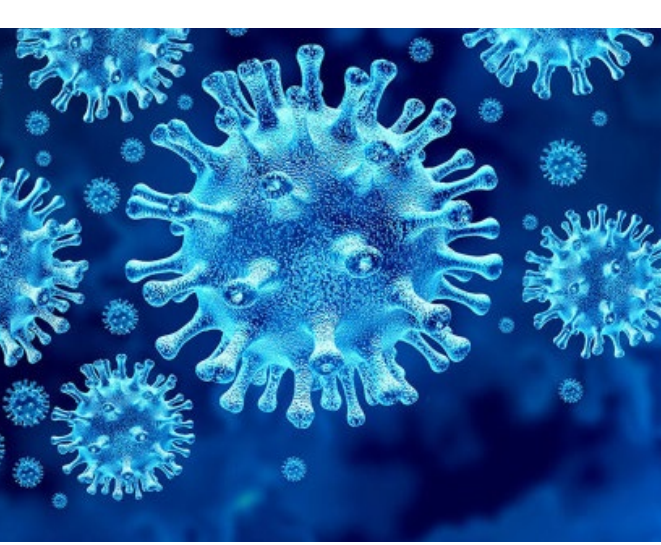
Parents, thank you for your continued support of our mission and please know I am grateful to partner with you in this important work!

Have a great week!

In Notre Dame,

Mr. Jack VonHandorf





WEEKLY UPDATE

COVID-19

As of today, Wednesday, January 26, we have had 12 new reported cases of members of our community testing positive for COVID-19 within the last week. We have had 3 additional members of our community who are currently in quarantine due to a reported exposure to COVID-19.

As we move forward, please keep NDA updated on any COVID-19 related issues involving your family. In the event that someone in your household is being tested for COVID-19 or your daughter is exposed to or tests positive for COVID-19, please contact one of our school nurses, Tina Sizemore, RN. or Melanie Martin, RN., at 859.292.1843 | ndanurse@ndapandas.org.

FROM THE SCHOOL NURSES COVID-19 INFORMATION

Dear Parents,

In accordance with the recently updated [Diocesan COVID-19 Return to School Requirements 2021-22 School Year](#), we are able to return to a recommended mask policy when the following requirements are met:

- **we have 5 or less cases of COVID-19 at NDA, and**
- **cases are declining**

As you can see above in our weekly COVID-19 update, we have had 12 new reported cases of members of our community testing positive for COVID-19 within the last week at NDA and we have had 3 additional members of our community who are currently in quarantine due to a reported exposure to COVID-19. **THEREFORE, masks will continue to be required at NDA from January 27 - February 2.**

We will continue to monitor and report weekly cases of COVID-19 at NDA on Wednesdays in the Panda Press Weekly. The mask protocol for the 7 days following (Thursday - Wednesday) will be announced each week based on the number of new cases we have each week. As stated above, if we have 5 or less cases and cases are declining, we will return to a recommended mask policy. We are hoping to get to 5 or less cases within the next two weeks. We truly appreciate your support following our COVID-19 protocols at NDA. Our success throughout these past two challenging years is a direct result of our community working together to keep each other safe and healthy.

If you are looking for COVID-19 testing, you can find a list of no-cost PCR testing sites [HERE](#).

Keep in mind, COVID-19 vaccines and boosters are our best defense against the virus, they lower our risk of getting and spreading the virus and help prevent serious illness and death. You can view the most up-to-date information on COVID-19 vaccine booster shots on the CDC's website [HERE](#). Please keep our office informed of information regarding your daughter receiving a COVID-19 vaccine and/or booster shot.

Please also continue to keep NDA updated on any COVID-19 related issues involving your daughter and/or your family. If you have any health related questions or concerns, please contact one of us at 859.292.1843 or ndanurse@ndapandas.org.

Stay safe and healthy,

Tina Sizemore, RN.
NDA School Nurse
ndanurse@ndapandas.org

Melanie Martin, RN.
NDA School Nurse
ndanurse@ndapandas.org

Student Life

CRISIS MANAGEMENT

SAFETY MEASURES

A huge thank you to Lakeside Christian Church and Officer Chris Schutte from Lakeside/Crestview Hills Police Department for coordinating a Family Reunification Center training for members of NDA's Crisis Management Team and other Diocesan school representatives. The training this past Monday is just one example of the greater community working together in support of Diocesan schools and our crisis plans.

At NDA, all students have been trained in ALICE this year, and this Friday, seniors will be the first of the four grades to revisit these plans during homeroom.

SAFETY
FIRST!

FACULTY/STAFF APPRECIATION

DELAYED START ON FRIDAY, FEB. 4

Please note: We will have a delayed start on Friday of Catholic Schools Week (February 4) in celebration of our faculty/staff.

PLEASE NOTE

ALL ARE WELCOME

MORNING MASS

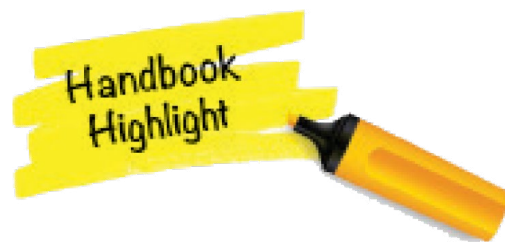
This week we will celebrate Mass in our beautiful *Mary, Mother of the World* Chapel at 7:20 a.m. tomorrow and Friday. All are welcome to join us!



GOOD OPTIONS

DRESS CODE

The colder temperatures require more layering! Students should take note of warmer uniform options. [CLICK HERE](#) to view the uniform information found on the website.



SAVE ON TUITION!

WORK STUDY POSITIONS AVAILABLE

If you are interested in working in NDA's dish room through our Work Study Program, (M,T,H,F: 8:30 a.m. - 12:30 p.m. | W: 8:30 a.m. - 1:30 p.m.) please contact our cafeteria manager at ndahr@ndapandas.org.

\$AVING\$!

DELICIOUS NEWS!

WHAT'S FOR LUNCH?

You can find NDA's lunch menu [HERE](#). Please note: the menu is subject to change as there are many shortages in the food industry.



COZY COST!

BAMBOOTIQUE SPIRIT WEAR SHOP

Don't miss the Deal of the Week at the Bambootique: All sweatpants/pj pats on sale for \$10.00. Shop online for this great deal [HERE](#).



DON'T FORGET TO ORDER

YEARBOOKS ON SALE!

The 2022 NDA Yearbook, *Make it Count*, is available for pre-order at jostens.com (pick up link if available). The book will cover the entire year through graduation and will arrive in the fall of 2022.

The 2021 NDA Yearbook, *Together*, is still available in limited quantities in the school office. Books are \$70; please make checks payable to NDA.



A WORD FROM OUR SPONSORS...

SND USA UPDATE

NDA is blessed to be a school sponsored by the Sisters of Notre Dame and we value our continued partnership. What's new for SND USA in 2022? Sr. Mary Shauna Bankemper, SND USA Assistant Provincial, checks in with updates from the December Provincial Chapter and what is on the horizon for SND USA in 2022 [HERE](#).



Sisters of Notre Dame
of the United States

One Heart. One Hope. One Mission.

GET YOUR TICKETS TODAY

HEROES & VILLAINS SHOWCASE - SUNDAY TIME CHANGE!

Come and see NDA & CCH Theatre Department's performance of the **Heroes & Villains Showcase** January 28 at 7 p.m., January 29 at 2 p.m., and January 30 at 1 p.m. (TIME CHANGE)! Purchase your tickets [here](#) or at the door for a \$5 student ticket.

PLEASE NOTE: If you purchased tickets for the Sunday *Heroes & Villains Showcase*, the time has been changed to 1 p.m. (previously 2 p.m.). If you purchased Sunday tickets, your tickets will automatically be moved to 1 p.m.

This performance will include some of your favorite songs about heroes from *Hercules' Zero to Hero*, *Mulan's I'll Make a Man Out of You*, to *The Greatest Showman's A Million Dreams*. Or if villainy is more your taste, please enjoy *The Little Mermaid's Poor Unfortunate Souls*, *The Lorax's How Bad Can I Be*, and Taylor Swift's *Look What You Made Me Do*. With special performances by NDA's Honor Choir, Dance Pandas, and the Faculty Band included in the show.

Please contact Miss Smith at smithja@ndapandas.org with any questions.

**AND
HEROES VILLAINS**

Jan 28 at 7pm
Jan 29 at 2pm
Jan 30 at 2pm

**NDA/CCH
SHOWCASE**

**\$5
Student/
Staff
Ticket**

Buy Tickets Here:

Día del restaurante

SPANISH II RESTAURANT DAY

Sr. Maria Francine's Spanish 2 class recently held a restaurant day! They prepared how to order food in Spanish and had written menus from various Latin American countries. They used their menus to order food and decorated their tables. ¡Buen trabajo!



ORDER IN THE COURT!

MOCK TRIAL TAKES FIRST PLACE

The NDA Mock Trial teams competed in the UK Wildcat Invitational on Saturday, January 22. This was their first competition this season and, at the last minute, was moved to Zoom because of the challenges with Covid. Both teams had a great showing and should be proud of their hard work and long hours of preparation.

The Navy team placed 1st overall! Competing members include Emma White, Mia Kent, Josie Bozeman, Gabrielle White, Clara Heberling, Grace Van Hook, Holly Steimer, and Riley Maddox. The Gold team placed 5th overall! Members include Caroline Boehmer, Katie Crail, Mia Bishop, Elissa Romer, Kira Kent, Emma Krallman, and Ava Middendorf.

Witnesses and Attorneys are given rankings comparing their performances to all others in their role. A big congratulations to Mia Kent who was the 1st place Witness in the entire competition and Clara Heberling who was the 2nd place Witness. Great job ladies!



LAST CHANCE TO REGISTER!

FATHER DAUGHTER DANCE

Pandas, do you and your dad love Rock and Roll? Mark your calendars for Friday, February 4 for NDA's Father/Daughter Dance! CLICK [HERE](#) to register by Friday, January 28 at noon.

Seniors create your father/daughters posters by February 4! Turn them into the front office to be displayed at the dance.

If you are an NDA basketball player and are unable to make it to your assigned session, please register for the session you are able to attend and alert Mrs. Pohlman (ocean1313@yahoo.com) to this accommodation.

ALSO,

We need your help with dessert at this year's Father Daughter Dance! We are in need of candy and dessert donations. Please see the sign-up form online [HERE](#). You may drop off items in advance to the school office with a note stating "Father Daughter Dance". You may also drop any items at Receptions on Friday, February 4 beginning at 9 a.m. until about noon. You can also bring items to Receptions just prior your dance start time. Any and all help is appreciated! Please contact Crystal Pohlman at 859-468-7110 with any questions.

*Food, Fun, DJ, Dancing,
Photos, Prizes (masks required)*

**I LOVE
ROCK AND ROLL**

NDA FATHER-DAUGHTER DANCE 2022

DATE: Friday, February 4, 2022

TIME: 6:30 - 8:00 pm Seniors, Juniors
8:30 - 10:00 pm Sophomores, Freshmen

PLACE: Receptions Event Center
1379 Donaldson Highway, Erlanger, KY 41018

RSVP: by Monday, January 24, 2022
www.NDApandas.org

COST: \$25 per person

QUESTIONS: Crystal Pohlman 859-468-7110

ATHLETIC DEPARTMENT



PANDA SAVINGS!

COUPON BOOKS

Any athlete who has not yet turned in their coupon book money **please do so by Monday, January 31**. Any outstanding fundraiser balances after January 31 will be billed to your FACTS account.

Remember Panda athletes, please fill out the [tally sheet](#) and upload [here](#) before turning in your money.



ATTENTION PANDA FANS

BASKETBALL SENIOR NIGHT

Basketball Senior Night is Friday, February 11! We will celebrate our seven seniors, Kylie Aytes, Lacey Bradshaw, Abby Breeze, Drue Disken, Macie Feldman, Jillian MacKnight and Olivia Scharstein. The pregame activities will begin at 7:00 p.m. prior to the start of the varsity game. Tip off is at 7:30 p.m. as the Pandas take on St. Henry.



COUNSELING AND STUDENT SERVICES



EARN COLLEGE CREDITS

COLLEGE LEVEL EXAMINATION PROGRAMS (CLEP)

College Board - the same organization that administers high school Advanced Placement (AP) courses - ALSO administers College Level Examination Programs (CLEP), another way for high school students to earn college credits. CLEP offers 34 exams that cover introductory level college course material. With a passing score on one CLEP exam, students can earn three or more college credits at 2,900 U.S. colleges and universities. See their [website](#) for more information.

PARENT FOCUSED SUICIDE PREVENTION

#IN5.org/stopthetalk



PARENT FOCUSED

SUICIDE PREVENTION

IN5 and MindPeace are working together to provide FREE Question, Persuade, Refer (QPR) Gatekeeper Suicide Prevention training to those in the best position to help save a life. As someone who may be in the best possible position to prevent suicide—parent, caregiver, teacher, coach, mentor—you will find that QPR is designed to help you save a life. By learning QPR, you will come to recognize warning signs, clues, and suicidal communication so you can identify people in trouble and act vigorously to prevent a possible tragedy. On December 9, IN5 provided a parent-specific QPR session. If you missed this one, [sign up](#) for the upcoming parent-focused session on February 9!

mental
health
moment

IN5

Setting boundaries is
a form of self love

IT'S OKAY TO :



TAKE A
STEP BACK



SAY NO



FEEL LOST
SOMETIMES



BE PROUD OF
YOURSELF



SET CLEAR
BOUNDARIES



THINK OF
YOURSELF
FIRST

ROUTINES TO TRY

..... IN THE NEW YEAR

HELLO! I WANT TO BE
HEALTHIER

- * get your body moving daily
- * enjoy balanced meals
- * try meditation

HELLO! I WANT TO BE
PRODUCTIVE

- * set a daily intention
- * write a to-do list
- * create a productivity playlist

HELLO! I WANT TO BE
CONFIDENT

- * recite affirmations
- * wear things that make you feel good
- * keep a journal

HELLO! I WANT TO BE
CALMER

- * do breathing exercises
- * tidy your space
- * get in touch with your loved ones

@thefabstory

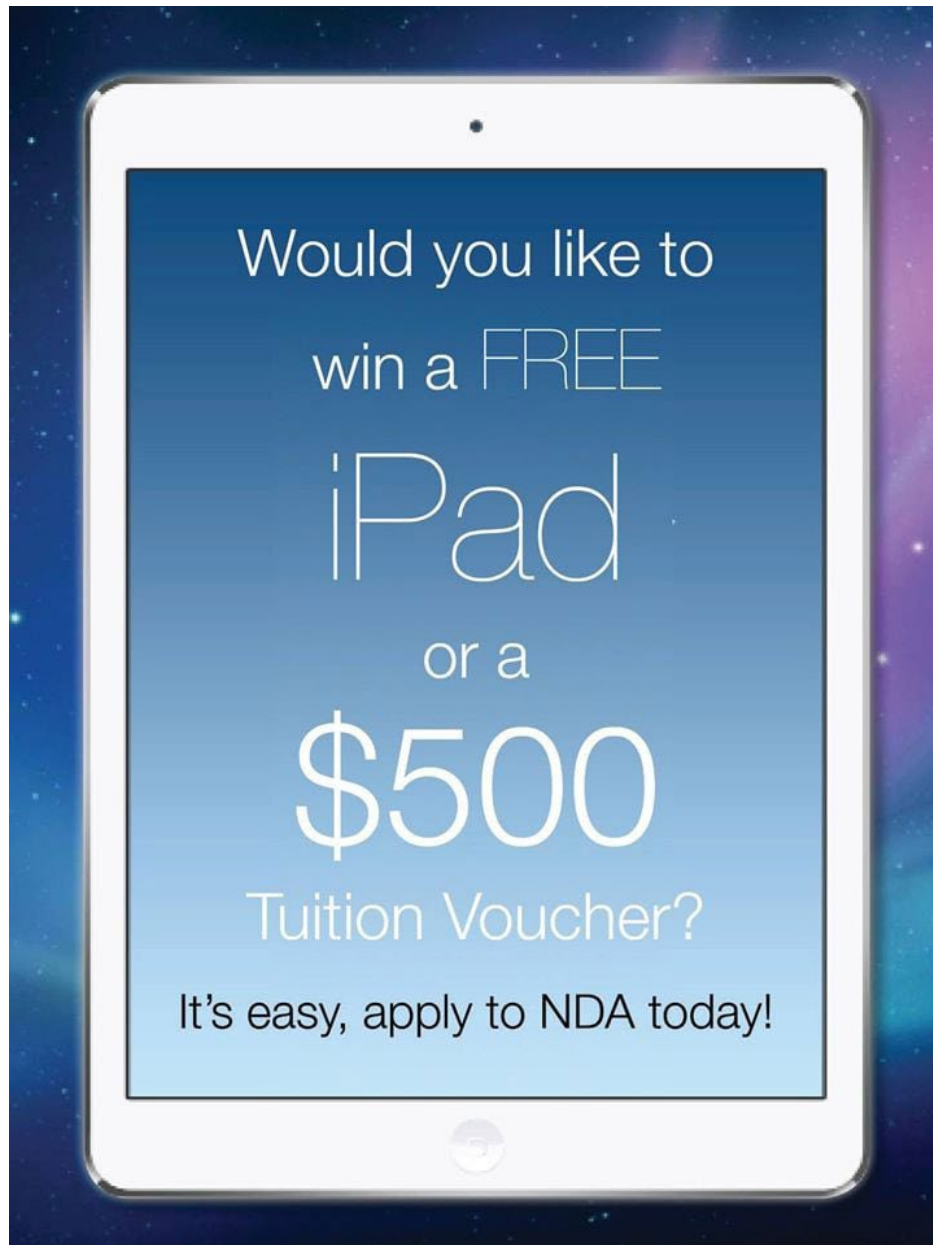
ADVANCING OUR MISSION

INCOMING FRESHMEN

PRIORITY APPLICATION PERIOD

The NDA Freshman Priority Application period is from January 3, 2022 – February 11, 2022. If you have an 8th grade daughter who is interested in applying as an incoming freshman for the 2022-2023 school year, you can find our Application for Admission [HERE](#).

Students who apply for admission during the Priority Application Period have a better chance of receiving seats in high-demand classes such as Art I and some foreign language classes. Students who apply during this period are included in a drawing for a free iPad or a \$500 tuition voucher. Incoming freshmen who are eligible for academic scholarships must apply for admission by the priority deadline in order to confirm receipt of their scholarship.



NDA ANNUAL FUND FAQs...

What is the NDA Annual Fund?

NDA's Annual Fund is made up of unrestricted gifts that are used to bridge the gap (\$2420) between the actual cost of an NDA education and tuition cost. Support for NDA's Annual Fund helps to provide a premier Catholic education to the young women of Notre Dame Academy.



Why is my participation important?

Notre Dame Academy relies on the support of our alumnae and friends, the NDA Board of Directors, faculty and staff, parents and past parents to support the Annual Fund. Contributions to the Annual fund help keep tuition costs lower and meet the school's operating needs.

What size gift will make a difference?

Every gift, no matter the size, will make a significant impact on the lives of NDA students. Gifts to the Annual Fund range from \$5 - \$10,000.

How to I make a donation to NDA's Annual Fund?

Donations can be made by cash, check, credit card, matching gift programs, stocks and securities or Venmo. Gifts are tax deductible.

Please join us in our mission to educate young women to make a difference in the world by prayerfully considering a donation to the 2021-22 Notre Dame Academy Annual Fund. [CLICK HERE](#) to donate online.

Alumnae Storyboard

ALUMNAE STORYBOARD ◀

The Alumnae Storyboard is a feature which captures the everyday happenings of our alumnae. Each story is posted in the main hallway just outside the cafeteria so that you can see how our alumnae are truly continuing to make a difference in the world. The Storyboard serves as a source of inspiration and motivation just for you! You can read the latest NDA Alumnae Storyboard feature [HERE](#).



[St. Elizabeth Healthcare](#) is one of the most respected medical providers in the Greater Cincinnati region. For more than 150 years, St. Elizabeth has been the heart and soul of healthcare in Northern Kentucky. Founded with one small hospital in 1861, St. Elizabeth Healthcare now operates five facilities throughout Northern Kentucky – St. Elizabeth Covington, St. Elizabeth Edgewood, St. Elizabeth Florence, St. Elizabeth Ft. Thomas and St. Elizabeth Grant. St. Elizabeth Healthcare is sponsored by the Diocese of Covington and provided more than \$117 million in uncompensated care and benefit to the community in 2017.

Our mission is to provide comprehensive and compassionate care that improves the health of the people we serve. We accomplish this through state-of-the-art technology and our dedicated associates, led by a well-respected board and executive leadership team who love this organization and our community.

COMMUNITY



NEWS

SHARING OUR

Community News

You can find a complete list of community news [HERE](#).

- Seeking Lower Tuition Payments?
- St. Joseph Heights Work Study Positions available for Students

Important dates

January 27	Mass in Chapel 7:20 a.m.
January 28	Mass in Chapel 7:20 a.m.
January 28-30	Showcase
January 31	Catholic Schools Week begins CSW Mass
February 2	Diocesan Mass NDA vs. CCH volleyball game
February 4	Mid-quarter Talent Show Father/Daughter Dance
February 11	Priority Registration for Incoming Freshmen ends 4:00 p.m.
February 20	SND Pancake Breakfast
February 21	NO SCHOOL: President's Day
February 22	Senior Retreat #3
March 3	Women Making A Difference Luncheon
March 5	Incoming Conferences for Incoming Freshmen
March 8	Super Day Sophomore Ring Ceremony
March 12	Incoming Conferences for Incoming Freshmen