



THE *nda* LIFE

## Dear Parents,

Spring is right around the corner and the change of seasons is inspiring a feeling of excitement and energy throughout our campus. Although it's still a bit chilly, I hope you have an opportunity to get outside and enjoy the sunshine.

Last Thursday, we celebrated Women Making a Difference Day. We began the day with our students learning a bit about our 2023 honorees. Next, they participated in a couple of service projects. One of those projects was processing plastic bags to turn into PLARN. This plarn is then used to make waterproof sleeping mats, pillows, bags etc. that are donated to local social service agencies that serve people experiencing homelessness in our area. The other service project was turning old t-shirts into bags to be used by St. Vincent dePaul. Both of these projects highlighted one of the hallmarks of a Notre Dame Academy - service - giving back to family and community at the local level and beyond. They both also support sustainability which also makes a difference in the world.

On Thursday afternoon, after the students were dismissed, our faculty and staff joined many members of our community at the Northern Kentucky Convention Center for our Women Making A Difference luncheon. It was a wonderful celebration of our mission at Notre Dame Academy highlighting this year's honorees who are most certainly living that mission. If you would like to learn more about this year's honorees, you can do so by watching a brief video about each one of them on our NDA Vimeo channel [HERE](#).

Notre Dame Academy students are fortunate to have the opportunity to apply for a variety of annual scholarships. If you are interested in applying for one of these scholarships for the 2023-24 school year, please check our website for application information [HERE](#). The application deadline is April 15.

Our Panda Preview Night will be held Tuesday, March 21 at 6:30 p.m. If you know of anyone interested in NDA and the opportunity to join our school community, please share this information with them.

Finally, please note that this Friday is a scheduled Professional Development Day for our faculty therefore, there is no school for students.

Thank you for choosing to educate your daughter in the tradition of the Sisters of Notre Dame at NDA!

In Notre Dame,

Mr. Jack VonHandorf



# Student Life



## ALL ARE WELCOME MORNING MASS

We will be celebrating Mass in our chapel on Thursday at 7:20 a.m. in the chapel. All are welcome!



## ELECTION TIME! STUDENT COUNCIL NEWS

Student Council election season has begun! Good luck to our students who are running for Student Council School Officers. The election is next Monday, March 13.

### School Co-President

Sophia Ernst  
Hannah Renaker  
Paige Summe

### Treasurer

Claire Coppage

### Public Relations

Heidi Abeln  
Tessa Schulte

### Secretary

Sophia Graham  
Aislin Ross  
Sam Spellman

please note

## ENJOYING THE ARTS AT NDA CINCY SHAKES VISITS NDA

Cincinnati Shakespeare Theatre will be performing Romeo and Juliet (Freshmen and Sophomores) and Macbeth (Juniors and Seniors) next Monday and Tuesday in NDA's Theatre. Juniors and Seniors will dismiss around 11:05 on Monday while Freshmen and Sophomores will dismiss around 11:15 on Tuesday. Please plan transportation accordingly. The Park Hills Police Department has been notified of this adjustment, and we appreciate their continued support during our afternoon dismissal.

**IMPORTANT  
INFORMATION  
PLEASE READ**

## IMPORTANT INFORMATION FOR SENIORS GRADUATION INFORMATION

Attention Seniors and Senior Parents: Fourth quarter is just around the corner which means graduation is nearing! [CLICK HERE](#) to view relevant graduation information, scroll to the second page of the document and mark your calendars accordingly. You won't want to miss a thing! Seniors will gather during homeroom on Monday, March 13 and before they dismiss to learn a bit more about graduation.

# Ring Ceremony

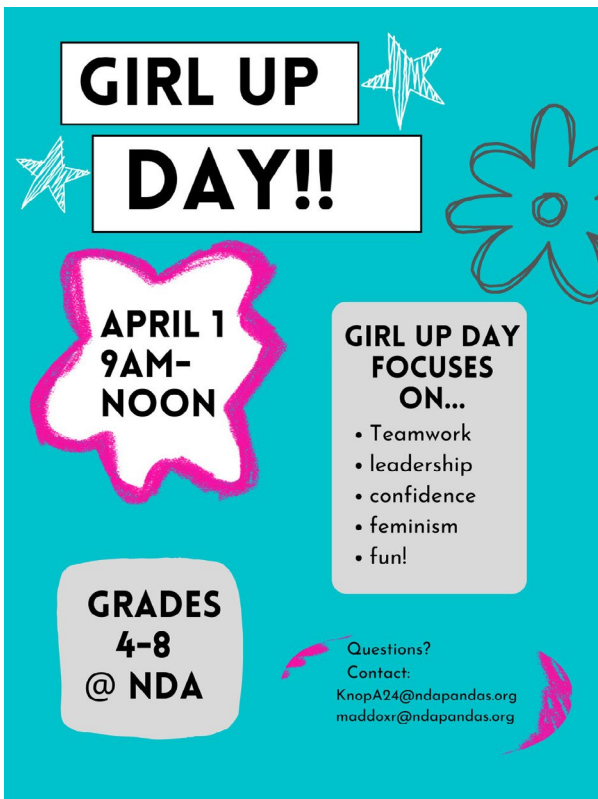


## PANDA TRADITION

## SOPHOMORE RING CEREMONY

Our Sophomores had their Ring Ceremony this week. Fr. Kunath blessed their class rings before they were presented by Mr. VonHansdorf. This ceremony was an opportunity for our Sophomores to share a Mass together and recognize the unity of their class. Students who did not order a ring received a medal that represents their time at Notre Dame Academy so far.





**GIRL UP DAY!!**

**APRIL 1  
9AM-NOON**

**GIRL UP DAY FOCUSES ON...**

- Teamwork
- leadership
- confidence
- feminism
- fun!

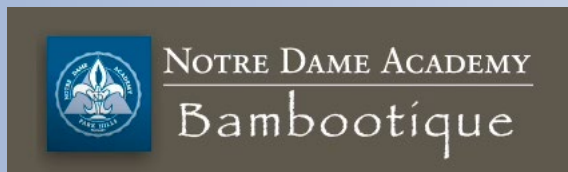
**GRADES  
4-8  
@ NDA**

Questions?  
Contact:  
KnopA24@ndapandas.org  
maddoxr@ndapandas.org

APRIL 1, 2023

## GIRL UP DAY

Girl Up day is back! On Saturday April 1, we invite 4th-8th grade girls to come to NDA from 9 a.m. - noon. This is a great opportunity for all young women to learn all about leadership and women empowerment. They will engage with other young women from all over the diocese, play fun games, and do many leadership activities! To sign up, click the link: <https://forms.gle/gLoRRetaquLpMLjz9>.



PANDA EASTER IDEA

## BAMBOOTIQUE SPIRIT WEAR SHOP

Looking for a little something for your Panda's Easter Basket? Why not a digital gift card from the Bambootique? You can purchase one online [HERE](#).

**There's another way to get 10% off of your Bambootique purchases...** Volunteer to work in the Bambootique! Please sign up to volunteer [HERE](#).



### IMPORTANT FINANCIAL INFORMATION

**Work Study Job Application Deadline: April 15, 2023**

**Financial Aid Applications & Academic and Tuition Assistance Scholarships**

The application for work study jobs is available on the website [HERE](#) and is due by **April 15, 2023**. When you click on the link, you will be prompted to create your own copy of the spreadsheet as a Google Sheet so you are able to type right into it. Completed applications should be emailed to [workstudy@ndapandas.org](mailto:workstudy@ndapandas.org).

Financial aid applications are also now open and will remain open until **April 15, 2023**.

If you are in need of financial assistance OR are looking to do work study the application with FACTS must be completed before anything else. Financial assistance requests increase each year. We cannot stress enough the importance of getting your application in early. Late applications run the risk of financial aid funding being exhausted. You can access the Financial Assistance page of the website [HERE](#).

**If a family receives financial assistance, a family member is expected to have a work study job.**

We are currently accepting applications for Academic Scholarships. Applications can be found on the website [HERE](#) and are due in the front office no later than April 15, 2023.

## THE VERDICT IS IN! MOCK TRIAL AT STATE

This past weekend, both Notre Dame Mock Trial teams competed at the State Competition held in Lexington. After logging more than 180 hours, both teams had a great showing and should be so proud of how they finished their season. The Navy team finished the weekend placing 9th in the State. In the earlier rounds, the Navy team was so outstanding that they were leading in 1st and 2nd places. The last round proved to be a challenge but they were so comparable to the competition. Members include Holly Steimer, Clara Heberling, Grace Van Hook, Emma White, Gabrielle White, Phoebe Desch, Teagan Kruer, Kierstin Suedkamp, and Juliana Von Wahlde Mendez. Congratulations Navy!

### Navy Team



The Gold team finished the weekend in 4th place. The Gold team also had a strong showing and had the highest competition score out of any team (this means they consistently faced the most difficult teams in the state round after round). Gold even beat last year's National Champions during Round 2! Members include Mia Bishop, Caroline Boehmer, Kira Kent, Mia Kent, Ava Middendorf, and Elissa Romer. Congratulations Gold!

At the State Competition, Outstanding Witness and Outstanding Attorney Awards are given to those that score in the top ten in the state. Clara Heberling, Junior from the Navy team, was awarded an Outstanding Witness Award placing 7th in the state. Senior Ava Middendorf, from the Gold team, was awarded an Outstanding Witness Award placing 3rd in the state and was awarded an Outstanding Attorney Award, placing 1st in the state. NDA was well represented this weekend!

A Special shout out to our 7 Seniors who we miss terribly next year and who have been such a huge part of making our Mock Trial Team successful. Also a special thanks to Jamie Collins, fearless leader and coach, for all the time he has dedicated to the team over the last three years and to teacher moderator, Mrs. Angie Middendorf for her dedication to the program over the last two years. The parents deserve a huge THANK YOU also for all the endless hours of driving around and the hours spent in courtrooms on hard wooden benches. The support you show us through offering snacks and dinners and cheering us on round after round is invaluable and we feel the love and support!

### Clara (left) and Ava (right)



### Seniors





## SERVING OUR PANDAS

### WHAT'S FOR LUNCH?

You can find NDA's lunch menu below and on our website [HERE](#).

Parents, please check your daughter's lunch account balance throughout the school year to avoid overdue account issues. Thank you!



## ATTENTION PARENTS

### ATTENDANCE EMAIL

We have created an attendance email for parents to call in a sick child or if a student is leaving early from school. Please use this email if your daughter is sick or needs to leave school early: [attendance@ndapandas.org](mailto:attendance@ndapandas.org). Remember you can always call the school office with any questions 859-261-4300.



## CREATE AN AD FOR YOUR SENIOR!

### YEARBOOK RECOGNITION ADS

Mr. Glynn and NDA's Publication students do an amazing job capturing the school year in our yearbook. Each publication is a wonderful keepsake for our students. Parents: don't miss out on the opportunity to order your 2022-23 yearbook, *Finding our Groove*, at [jostensyearbooks.com](http://jostensyearbooks.com).

Senior Parents, recognize your daughter with a yearbook recognition ad. You can read more details below:

## DIOCESAN SURVEY

### WHAT'S IN YOUR HEART?

This Lent, your parish will be conducting a survey on discipleship called the Disciple Maker Index (DMI), and they need to hear from you! As part of the diocesan With One Heart initiative, the survey will ask you to reflect on your own spiritual growth and on your parish's efforts to help you become the best disciple you can be. The information gathered will be used to plan for the future so your parish can become a more faith-filled, vibrant community. The greater the participation, the more reliable the information will be for effective decision-making. The DMI will be accessible online from February 22 through March 27 and will take 10-15 minutes to complete (paper surveys are available for those who need them). All responses will be confidential; the parish will only receive information about the community as a whole. Results will be shared with the parish in late spring/early summer. Check your parish bulletin, website, and listen for pulpit announcements for more information, or go to <https://covdio.org/WithOneHeart>. Take the Disciple Maker Index this Lent!



## ROARING '20s

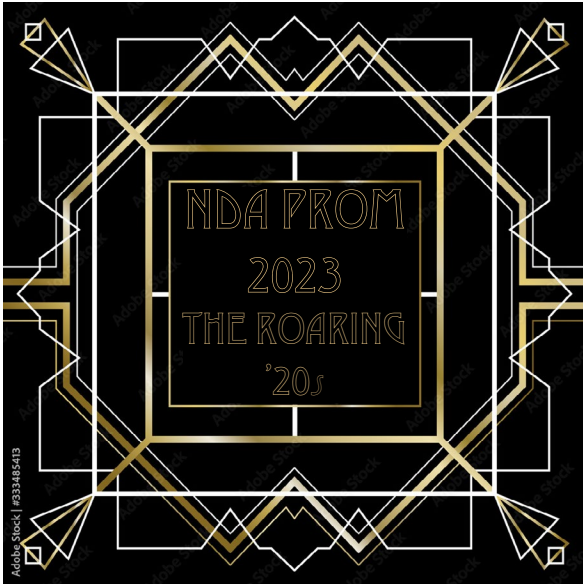
# PROM/AFTER PROM NEWS

We are excited for the 2023 Prom, which will be held on Friday, March 24 from 7:30-11:30 p.m. at Music Hall. The theme for this year's Prom is Great Gatsby/ Roaring '20s. The cost for Prom this year is \$70 and includes dinner, dancing, the shuttle bus (must register in advance), and After Prom.

After Prom will be held from 11:15 p.m. - 2:30 a.m. at NKU's Recreation Center. All students MUST turn in the After Prom Form indicating whether or not they will be attending After Prom. To be fully registered from Prom students must have the following by Thursday, March 9...

- The online registration form (found [HERE](#))
- Payment (online or cash)
- After Prom Form (found [HERE](#))
- Table selections

If a student needs to arrive late or leave early for Prom or After Prom a written note from a parent would be required in advance. Again, we are looking forward to a great event this year. If you have any questions or concerns please feel free to contact Mrs. Kimberly Wagner at [wagnerk@ndapandas.org](mailto:wagnerk@ndapandas.org).



# AFTERPROM

## THE FUN CONTINUES!

## AFTERPROM 2023

**After Prom 2023** is on Friday, March 24 immediately following Prom and will be held at **Northern Kentucky University Campus Recreation Center from 11:15 p.m. - 2:30 a.m.** NDA After Prom at NKU will be a fun filled evening for juniors and seniors and their guests! **After Prom admission is included with your Prom Tickets.**

The NKU REC CENTER will have lots to do, including the pool, hot tub, diving boards, pool deck movie, roller skating rink, racquetball courts, dry land rock climbing wall, basketball court, volleyball court, locker rooms, air brush tattoo artist, cool hang out areas and an amazing hypnotist Show to end the night. NDA After Prom will have lots of delicious late night food favorites including Cane's Chicken, LaRosa's Pizza and a Coffee/Donut Bar. NDA students will have chances to win cool prizes like Air Pods, Kendra Scott Jewelry, and gift cards... just to name a few!

### PRIZES

We are asking for parents help with gift items for **AFTER PROM** to make the evening more fun and exciting for the students. You can donate any desirable items that you may not need, themed gift baskets, or gift cards. All donations can be dropped off at the school office attention Olivia Ghazala by March 22.

### VOLUNTEERS & FOOD DONATIONS

**Parents** please consider signing up to give a couple of hours of your time, food donations or gift cards for prizes. We are using SignUpGenius.com to organize our sign-ups.

1. Click this link to go to <https://www.signupgenius.com/go/30E0B44A9A62CA1F49-ndaafter1>
2. **NDA After Prom 2023/ NDA After Prom Parent Donations** is the name of our sign-up event
3. Sign Up! – Choose your spots – SignUpGenius.com will send you a confirmation and reminders.

If you have any questions regarding After Prom please email Janna Collins [janna.collins@twc.com](mailto:janna.collins@twc.com).

Thank you in advance for your assistance and support!

# ATHLETIC DEPARTMENT



GREAT OPPORTUNITY TO GET INVOLVED!

## GOLF OUTING COMMITTEE NEEDED

If you are looking for a fun way to get involved as an athletic parent at NDA, join the golf outing committee! The committee plans the golf outing fundraiser that supports NDA athletics. The outing will be Friday July 28th at Kenton County. We will have one committee meeting a month March-June and then two meetings in July leading up to the outing. Email Athletic Director, Myanna Webster at [websterm@ndapandas.org](mailto:websterm@ndapandas.org) if you are interested!



RIGHT ON TARGET

## PANDA ARCHERY NEWS

The rain and wind on Friday didn't extinguish the Archery Pandas sunny performance at the Beechwood Archery Tournament. The team shot a season high score of 3125 which included 99 tens, 129 nines and 81 eights - all of which are season highs. The team was led by Ava Boertlein at 284 (1st Overall Girl), Ellie Puglisi at 281 (6th overall girl) with a perfect 50 end, Sarah Beckham at 267, Lea Youtsey at 263 and Kate Slocum at 262. Five other archers shot 250+ - Morgan Russell at 257, Lucy Siegert at 254, Reagan Carman at 254, Emma Lange at 254 and Candace Stallmeyer at 252. Five Pandas shot season highs: Sarah Beckham by 13, Emma Lange by 4, Abbey Hollenkamp by 3, Kate Slocum by 1 and Ava Boertlein by 1.

The team would like to thank Vanessa Hinsdale, Archery Coach at Simon Kenton, for all of her help with tournament registrations throughout the season and for compiling scoring and results for the Panda Classic. We also thank Emily Baker, NASP Region 8 Coordinator as well as the many schools who hosted tournaments and made the season so much fun. Finally we thank all parents, relatives and friends for supporting the girls during the season by attending tournaments, helping with the Panda Classic, being great role models for them so that they will be "WOMEN WHO WILL MAKE A DIFFERENCE IN OUR WORLD."

Next up for the Pandas is this Saturday at the WALTON VERONA TOURNAMENT and on Friday March 17 at the NASP KENTUCKY STATE TOURNAMENT in Louisville. ARCHERY PANDAS ROCK!





# COUNSELING AND STUDENT SERVICES



## PREPARING FOR THE FUTURE NDA COLLEGE VISIT SCHEDULE

[CLICK HERE](#) for a list of college visits specifically for NDA students/families. The visits are in the hallway outside the cafeteria. All students are welcome to visit the reps.



## UPDATED! NDA PARENT TOOLBOX

NDA's counselors have put together some very useful tools for our parent [HERE](#).

## ENTER TODAY THE 2023 DFCA ESSAY SCHOLARSHIP CONTEST IS NOW OPEN

**Choose ONE of these 5 topics for your one-page essay:**

How has Drug Free Clubs of America affected or changed your:

1. Family
2. School
3. Community
4. Friends and yourself

**- OR - (for multi-year members only):**

5. How do you view the club differently from the beginning to now?

- **\$2000.00 TOP AWARD, \$1000.00 Runner-up Award, four \$250.00 Finalist Awards**
- **One-page essay due by MARCH 17**
- **Essays must be one-page, typed, single-spaced, 1-inch margins, Arial font size no bigger than 12**

Click [HERE](#) to see all contest details, rules, and to complete the application - which must be submitted with the essay.





## ON THE RISE

# MENTAL HEALTH CONCERNS

Recent data from the CDC shows that mental health concerns continue to rise for teenagers, and in particular, teenage girls. If you have concerns about your own teenager, [reading this article from the Child Mind Institute](#) gives concrete advice on how to navigate a potential mental health situation. If you believe your student would benefit from therapy services, your family doctor or pediatrician will often have a referral list. We also have a list of resources we are happy to share with care givers. We do not promote any one therapist or organization more than others, but just provide it as a place to start when looking for mental health providers. Email personal counselor Erin Maggard at [maggarde@ndapandas.org](mailto:maggarde@ndapandas.org) for the list.

## GREAT OPPORTUNITY

# KENTUCKY GIRLS STATE

Kentucky Girls State is an opportunity for young women who have completed their Junior year of high school to learn more about government through the establishment of a mock government in a mythical 51st state, developing political parties, conducting elections, passing legislation, and serving in city and state offices. Participants will also visit the State Capitol in Frankfort. This year's session is June 5-9 on the campus of Western Kentucky University in Bowling Green, KY. Click [HERE](#) for more information and the application, which is due May 15. Contact Mrs. Hildreth with any questions.



**Commonwealth Honors Academy**  
for Juniors with  
**25 ACT & 3.5 gpa**

- three week summer academic enrichment program
- six hours of university credit living learning
- campus community with other students and faculty
- no cost except \$250 tuition processing fee, waived if student receives free/reduced lunch or ACT waiver

**MURRAY STATE UNIVERSITY**

Annual Summer Program

**Full in-state tuition scholarship to Murray State University**

For More Info & To Apply  
[murraystate.edu/cha](http://murraystate.edu/cha)

Equal education and employment opportunities MFFD. All employer. Murray State University supports a clean and healthy campus. Please refrain from personal tobacco use.

# Drug Prevention Presentation for Parents

**MONDAY, MARCH 20. 2023 at NDA**

## **WHO:**

Cody and John (Cody Knuckles and John Humphries) speak on drug prevention and making better choices, especially regarding vaping, marijuana, and alcohol - the true gateway drugs.

## **WHAT:**

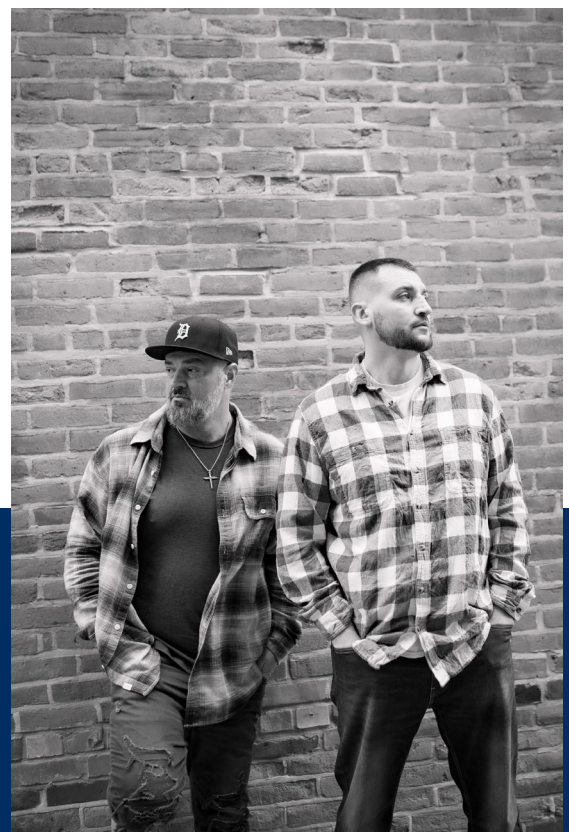
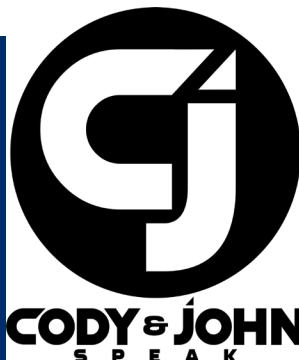
Parent Presentation, open to all NDA and CCH parents. In addition to focusing on vaping, marijuana, and alcohol, the presentation will also include information regarding overcoming adversity, developing resilience, social/emotional/mental health and how to make better choices.

## **WHEN:**

Monday, March 20, 7:00-8:30 p.m.

## **WHERE:**

Notre Dame Academy Theatre



# ADVANCING OUR MISSION

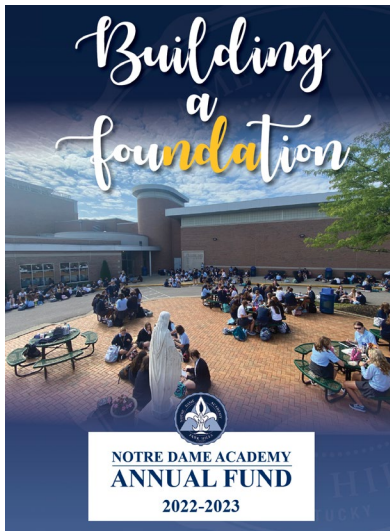


MARCH 21 | 6:30 - 8:00 p.m.

## PANDA PREVIEW NIGHT

Attention 6th and 7th graders! This is your chance to get a head start on the 8th grade! Learn about NDA life and how to get ready for high school.

Attention 8th graders! Come and take another look at all that Notre Dame Academy has to offer! Reservations are required for this event. You can register by scanning this QR code to the left: (Deadline: March 18)



2022-23

## ANNUAL FUND

Each NDA student benefits from a tuition gap of \$1,800. Contributions to the Notre Dame Academy Annual Fund help fill this funding gap and allow us to continue to provide a premier Catholic education to the young women of our community.

Please join us in our mission to educate young women to make a difference in the world by prayerfully considering a donation to the 2022-23 Notre Dame Academy Annual Fund. Your gift will help "fill the gap" and ensure access to a Catholic education at NDA by directly supporting our students.

For more information about the Annual Fund or how you can help, contact Denise Bowman, Director of Development, at [bowmand@ndapandas.org](mailto:bowmand@ndapandas.org) or 859.292.1849. Annual Fund donations are tax-deductible.

Donate today [HERE](#).

## COMMUNITY PARTNERS

## BECOME AN NDA CORPORATE SPONSOR?

As a sponsor of Notre Dame Academy, you are sending a message that your brand is strongly aligned with our mission to educate young women to make a difference in the world. For more information about becoming a sponsor contact Denise Bowman, Director of Development, at 859.292.1849 or [bowmand@ndapandas.org](mailto:bowmand@ndapandas.org). Thank you to our current Corporate Sponsors listed below!





You can find a complete list of community news [HERE](#).

- Positions Available for Students and Parents
- Keep the Children in Your Life Safe Online
- Pro-Educational Choice Constitutional Amendment
- Dual Credit in Northern Kentucky
- Sisters of Notre Dame Ash Wednesday – Day of Recollection
- Sisters of Notre Dame Hiring
- Important EdChoice Information
- Seeking Lower Tuition Payments?

## Important dates

March 9	Mass in Chapel 7:20 a.m. Alumnae Rosary in the chapel during Panda Prime Time 12:50 p.m. Third Quarter Ends
March 10	No School
March 12	Daylight Savings Time. Don't forget to Spring Forward!
March 13	School Officer Elections during homeroom FR & SOPH - CincyShakespeare Play at NDA JR and SR dismiss early
March 14	JR & SR - CincyShakespeare Play at NDA - FR and SO dismiss early
March 15	SO Retreat at the Heights
March 16	National Latin Exam during classes
March 18	8th Grade Conferences
March 20	Body Peace Week begins
March 21	Panda Preview Night for incoming students
March 24	Senior Mass at the Cathedral Prom at Music Hall - early dismissal
March 27	National French Exam during class
March 28	National Spanish Exam during class
March 30	Alumnae Dinner Theatre National Spanish Exam during class
March 31	Musical Opening 7 p.m.
April 1	Musical 7 p.m. Girl Up Day
April 2	Musical 2 p.m.