



THE *nda* LIFE

## Dear Parents,

Spring has arrived and is inspiring a feeling of excitement and energy throughout our campus. Although it's still a bit chilly and overcast these days, we know that sunny days are coming. The transformation of the seasons is much like our own conversion as we journey through Lent. During this sacred time, we are challenged to draw closer to God and understand more fully our call to live the gospel message of Jesus. It is important for us to remember that Lent is not only about penance and deprivation, it is also about the hope of the risen Christ and opening our hearts and minds to the daily opportunities presented to us to follow Him. As Catholics, we anticipate the bright and sunny days of Eastertide and the joy of celebrating the Resurrection of Jesus Christ.

This is Body Peace Week at NDA. There are many activities this week to help promote a positive sense of self with our students including a drug prevention presentation for our students and parents earlier this week. You can read more about ways to help your daughter develop a positive sense of self in the Student Services section below.

Our annual Junior/Senior Prom and After Prom will be held this Friday evening and as such, students will dismiss at 11:15 a.m. on Friday. Please note: anyone attending Prom must be in attendance for the day's duration on Friday. Also, please remember that students must be dressed appropriately to be admitted to the prom and abide by the NDA Student Code of Conduct which is also highlighted in the prom agreement form they each signed. I am truly grateful to the students, faculty and parents who have put so much time and energy into planning these events to ensure a fun, safe and entertaining evening for our students and their guests.

Don't forget to purchase your tickets for our spring musical, *The 25th Annual Putnam County Spelling Bee*. Performances will be held March 31 - April 2. You can find more information about the show and how to purchase tickets below.

Notre Dame Academy students are fortunate to have the opportunity to apply for a variety of annual scholarships. If you are interested in applying for one of these scholarships for the 2023-23 school year, please check our website for application information [HERE](#). The application deadline is April 15.

Thank you for partnering with us in your daughter's Catholic education. Please know that you are in our prayers throughout this season of Lent.

In Notre Dame,

Mr. Jack VonHandorf



# Student Life



## ALL ARE WELCOME MORNING MASS

We will be celebrating Mass in our chapel on Thursday at 7:20 a.m. in the chapel. All are welcome!

*A Sister's Smile  
Lasts for Miles*

### Panda Prowl 5K

**8 AM Saturday, April 22  
at NDA**

**all proceeds from the event  
will benefit our sister school  
in Uganda**

**cost: \$20  
\*race day shirt guaranteed if  
registered by Wednesday,  
April 5!**

## SUPPORT OUR SISTER SCHOOL UGANDA PANDAS 5K WALK/RUN

Get ready for this year's Uganda Pandas 5K walk/run on Saturday, April 22, 2023. Money raised from this event will benefit the Sisters of Notre Dame's Ugandan Mission. Just like our school in Park Hills, KY, this school was founded by the Sisters of Notre Dame. Money raised through the 5K will support the educational experience of the young women in our sister school in Buseesa, Uganda.

If you want to participate in the 5K, [CLICK HERE](#) for more information and to register. The cost of the event is \$20 per person, and a race day t-shirt is guaranteed if registered by April 5.

If you are looking for service hours or are interested in sponsoring this event, please contact club co-presidents Kayla Northcutt ([northcuttk@ndapandas.org](mailto:northcuttk@ndapandas.org)) or Sammi Flowers ([flowerss@ndapandas.org](mailto:flowerss@ndapandas.org)) to sign up to help!

class of **2023**

## CUE THE POMP AND CIRCUMSTANCE GRADUATION INFORMATION

Attention seniors and senior parents: fourth quarter is here, and graduation is nearing! [CLICK HERE](#) to view relevant graduation information, scroll to the second page of the document and mark your calendars accordingly.





## SERVANT LEADERS

# TLC MAKES A DIFFERENCE

On Saturday March 4, seniors from the Teen Leadership Club provided a couple hours of service at Matthew 25 Ministries sorting medical supplies. Once sorted, the supplies can then be sent overseas to areas where such supplies are not readily available. Pictured from left to right: Abigail Sheely, Tori Danneman, Leah Kokocinski, Bella Marita, and TLC Moderator Ms. Maggard.



## TOGA TIME

# BEWARE THE IDES OF MARCH!

Last Wednesday, March 15th, was the Ides of March, the anniversary of when the Roman dictator, Julius Caesar, was stabbed to death in 44 BC by a group of conspirators at the Senate house - an event that marked a crucial turning point in Roman history and in the ultimate demise of the Roman Republic. Latin students commemorated this important day in history last Wednesday and, of course, togas had to be involved.



## YUM!

# PI DAY

Math Club and Mu Alpha Theta celebrated Pi Day after school last week! They enjoyed yummy pies provided by Mu Alpha Theta and played some fun "Pi" related Math games. Thanks to all who joined!



## ACADEMIC STRATEGIES

# SNDs MEET EDGAR!

Dr. Ericson's Academic Strategies class meets monthly with the Sisters and Associates to reflect on the use of active listening and communication skills. This month Nurse Julie and Edgar went with us to visit with the Sisters and Associates.



## DIOCESAN SURVEY

# WHAT'S IN YOUR HEART?

This Lent, your parish will be conducting a survey on discipleship called the Disciple Maker Index (DMI), and they need to hear from you! As part of the diocesan With One Heart initiative, the survey will ask you to reflect on your own spiritual growth and on your parish's efforts to help you become the best disciple you can be. The DMI will be accessible online from February 22 through March 27 and will take 10-15 minutes to complete. Check your parish bulletin, website, and listen for pulpit announcements for more information, or go to <https://cov-dio.org/WithOneHeart>. Take the Disciple Maker Index this Lent!

## CREATE AN AD FOR YOUR SENIOR!

# YEARBOOK RECOGNITION ADS

Mr. Glynn and NDA's Publication students do an amazing job capturing the school year in our yearbook. Each publication is a wonderful keepsake for our students. Parents: don't miss out on the opportunity to order your 2022-23 yearbook, Finding our Groove, at [jostensyearbooks.com](http://jostensyearbooks.com). Senior Parents, recognize your daughter with a yearbook recognition ad. You can read more details below:

**DEADLINE: 05/11/2023**

### Notre Dame Academy

Dear Panda Parents, Yearbook Recognition Ads are the perfect way to commemorate your senior's achievements, and revenues from Recognition Ads help our school create a better yearbook. To purchase your ad online, follow the instructions listed below. Jostens is responsible for our school's yearbook ad sales. Please do not contact or send materials to the school. All orders must be placed by 05/11/2023.

**ORDER YOUR YEARBOOK RECOGNITION AD TODAY!**



ORDER BY 05/11/2023	
COLOR AD	
Full Page	\$ 200.00
1/2 Page	\$ 120.00
1/4 Page	\$ 75.00
1/8 Page	\$ 45.00

\*Tax, service and delivery fee(s) will be added if applicable.  
\*Credit card installment plan available for orders of \$30 or more.

**EASY PAYMENT PLAN AVAILABLE\***

**IT'S EASY! Create your ad online at [www.jostensadservice.com/student](http://www.jostensadservice.com/student)**

1. Choose your ad size and layout.
2. Enter your text and upload your photos.

#### Important information about Yearbook Recognition Ads

- Our school reserves the right to edit ads per our guidelines.
- We retain the right to remove any explicit text, graphic photos or copyright-protected imagery or photos.
- For the ad to appear in the yearbook, your ad must be purchased by the order deadline.
- Color photographs uploaded for black-and-white ads will appear in black and white.
- We will make every effort to use your layout and text as indicated. A proof will not be provided and no changes can be made after purchase.

#### GUIDELINES SURROUNDING RECOGNITION AD CONTENT.

NDA reserves the right to edit ads per our guidelines. Please make sure all submitted materials are appropriate for school publication.

#### Frequently Asked Questions

##### How are the ad prices determined and what is the money used for?

Ad prices are determined by our school. The revenue from Recognition Ads helps support our yearbook and keep it affordable for everyone.

##### How is the ad deadline determined?

The ad deadline is set by our school based on the production schedule for the yearbook.

##### Can I create my student's ad on my mobile device?

Yes, yearbook ads can be created online from both desktop and mobile devices.

##### Can I send my materials to the school?

No, please do not send your materials to our school. Our school has selected Jostens to assist with our ad program. Please call our customer service number (800-358-0800) if you have questions or need assistance in creating your ad.

More questions? Call Jostens at (800) 358-0800.

[www.jostensadservice.com/student](http://www.jostensadservice.com/student)





## BAMBOOTIQUE NEWS ◀

All sports T-Shirts are \$5.00. Support your Pandas! Purchase your t-shirt online [HERE](#).



## WHAT'S FOR LUNCH? SERVING OUR PANDAS

You can find NDA's lunch menu below and on our website [HERE](#).

Parents, please check your daughter's lunch account balance throughout the school year to avoid overdue account issues. Thank you!

### DEADLINES COMING UP SOON

## IMPORTANT FINANCIAL INFORMATION

**Work Study Job Application Deadline: April 15, 2023**  
**Financial Aid Applications & Academic and Tuition Assistance Scholarships**



The application for work study jobs is available on the website [HERE](#) and is due by April 15, 2023. When you click on the link, you will be prompted to create your own copy of the spreadsheet as a Google Sheet so you are able to type right into it. Completed applications should be emailed to [workstudy@ndapandas.org](mailto:workstudy@ndapandas.org).

Financial aid applications are also now open and will remain open until **April 15, 2023**.

If you are in need of financial assistance OR are looking to do work study the application with FACTS must be completed before anything else. Financial assistance requests increase each year. We cannot stress enough the importance of getting your application in early. Late applications run the risk of financial aid funding being exhausted. You can access the Financial Assistance page of the website [HERE](#).

**If a family receives financial assistance, a family member is expected to have a work study job.**

We are currently accepting applications for Academic Scholarships. Applications can be found on the website [HERE](#) and are due in the front office no later than April 15, 2023.



# Congratulations!



## RYL CLASS OF 2023

### REGIONAL YOUTH LEADERSHIP

Recently, family members, friends and members of the NKY community gathered at The Kenton County Library in Erlanger to celebrate the graduation of 46 young leaders from the Regional Youth Leadership (RYL) program and two of those young leaders were from Notre Dame Academy. Both Heidi Abeln and Emmalyn Martin were part of the RYL class of 2023 which is the 29th class to graduate from the program which started in 1994.

Graduates of this year's class include high school juniors from 33 different Northern Kentucky and Cincinnati area schools. Over the past seven-months, Heidi and Emmalyn, along with their RYL classmates, have participated in sessions and activities which have advanced them as emerging leaders.

The graduation consisted of an awards ceremony for the class members and program reflections from select students. While the celebration marks the end of the program for these students, it is just the beginning of their leadership journey!

**CONGRATS!**

## GREAT JOB

### WRITER CONTEST WINNERS

Two of our sophomores took first place in two categories in Mount Saint Joseph's 27th Annual Writing Contest for high school sophomores.

Chloe Dunham took first place for personal essay. Her essay's title is "Progress Is Progress Is Progress".

Angalea Wuest took first place for short story. Her story's title is "I Love You More than Anything".

Congratulations to both of these students!

## GOOD LUCK!

### EXCELLENCE IN THE ARTS

Congratulations to NDA's Chanduni Herath who is an Overture Awards finalist in Theatre and will be performing at the Aronoff's Jarson-Kaplan Theatre on March 25.

The Overture Awards is a program that recognizes and rewards excellence in the arts among Greater Cincinnati students in grades 9-12. It is the area's largest solo arts competition and offers awards in six artistic disciplines.

Good luck Chanduni!



## GREAT GATSBY/ROARING '20S

# PROM 2023

Prom is this Friday and we are excited to share this great evening with our Juniors and Seniors. The doors open at 7:30 p.m. and all students must arrive by 8:00 p.m. unless their parents have communicated with Mrs. Wagner in advance. Prom ends at 11:30 p.m. and all students must stay until 11:00 p.m. unless they have a note from a parent.

If students are riding the shuttle to Prom they must arrive at NKU by 7:15 p.m. The bus will leave at 7:20 p.m. and will not wait for students who arrive late. Students riding the shuttle should park in the parking garage across the street from the NKU Recreation Center, which is on Kenton Dr. There are still a few spaces on the shuttle bus for students who are interested!



# AFTERPROM

## THE FUN CONTINUES!

### AFTERPROM 2023

**After Prom 2023** is on Friday, March 24 immediately following Prom and will be held at **Northern Kentucky University Campus Recreation Center from 11:15 p.m. - 2:30 a.m.** NDA After Prom at NKU will be a fun filled evening for juniors and seniors and their guests! **After Prom admission is included with your Prom Tickets.**

The NKU REC CENTER will have lots to do, including the pool, hot tub, diving boards, pool deck movie, roller skating rink, racquetball courts, dry land rock climbing wall, basketball court, volleyball court, locker rooms, air brush tattoo artist, cool hang out areas and an amazing hypnotist Show to end the night. NDA After Prom will have lots of delicious late night food favorites including Cane's Chicken, LaRosa's Pizza and a Coffee/Donut Bar. NDA students will have chances to win cool prizes like Air Pods, Kendra Scott Jewelry, and gift cards... just to name a few!

### PRIZES

We are asking for parents help with gift items for AFTER PROM to make the evening more fun and exciting for the students. You can donate any desirable items that you may not need, themed gift baskets, or gift cards. All donations can be dropped off at the school office attention Olivia Ghazala by March 22.

### VOLUNTEERS & FOOD DONATIONS

**Parents** please consider signing up to give a couple of hours of your time, food donations or gift cards for prizes. We are using SignUpGenius.com to organize our sign-ups.

1. Click this link to go to <https://www.signupgenius.com/go/30E0B44A9A62CA1F49-ndaafter1>
2. **NDA After Prom 2023/ NDA After Prom Parent Donations** is the name of our sign-up event
3. Sign Up! – Choose your spots – SignUpGenius.com will send you a confirmation and reminders.

If you have any questions regarding After Prom please email Janna Collins [janna.collins@twc.com](mailto:janna.collins@twc.com).

Thank you in advance for your assistance and support!

# FINE ARTS

## NDA/CCH THEATRE DEPARTMENT PRESENTS... THE 25TH ANNUAL PUTNAM COUNTY SPELLING BEE

Friday, March 31 at 7 p.m.

Saturday, April 1 at 7 p.m.

Sunday, April 2 at 2 p.m.

[Purchase Tickets Here](#) or at the door with cash or Venmo!

Student/Staff \$5 online or at the door

Non-Student Online \$12 credit card

Non-Student at the Door \$15 cash or Venmo

**NDA/CCH THEATRE DEPT  
PRESENTS**

*The 25th Annual Putnam County*  
**SPELLING BEE**

MUSIC AND LYRICS BY  
WILLIAM FINN

BOOK BY  
RACHEL SHEINKIN

CONCEIVED BY  
REBECCA FELDMAN

**FRIDAY 3/31 AT 7 PM**  
**SATURDAY 4/1 AT 7 PM**  
**SUNDAY 4/2 AT 2 PM**

**STUDENT/STAFF TICKETS \$5**  
**NON-STUDENT PRE-ORDER \$12**  
**NON-STUDENT AT THE DOOR \$15**

THIS SHOW IS PRESENTED THROUGH SPECIAL ARRANGEMENT WITH  
MUSIC THEATRE INTERNATIONAL (MTI)

ALL AUTHORIZED PERFORMANCE MATERIALS ARE ALSO SUPPLIED BY MTI.  
WWW.MTISHOWS.COM

An eclectic group of six mid-pubescents vie for the spelling championship of a lifetime. While candidly disclosing hilarious and touching stories from their home lives, the tweens spell their way through a series of (potentially made-up) words, hoping never to hear the soul-crushing, pout-inducing, life un-affirming “ding” of the bell that signals a spelling mistake. As they navigate the tournament’s pressures, the eccentric group finds a new sense of belonging. Along the way, they learn that there is more to life than winning a trophy. This charming coming-of-age tale also invites four volunteers from the audience to participate in each performance, ensuring new and unexpected comedy every show. Six spellers enter; one speller leaves! At least the losers get a juice box. A riotous ride, complete with audience participation, The 25th Annual Putnam County Spelling Bee is a delightful den of comedic genius.



# ATHLETIC DEPARTMENT



## RIGHT ON TARGET PANDA ARCHERY NEWS

**CONGRATULATIONS TO THE ARCHERY PANDAS FOR THEIR SUCCESSFUL KENTUCKY NASP STATE TOURNAMENT PERFORMANCE!**

Last Friday the Panda Archery team competed in the Kentucky NASP State Tournament in Louisville. The team shot 3130 with 104 tens which was a season high. The Pandas were led by Keira Schneider at 283, Ava Boertlein at 274, Lea Youtsey at 272, Sarah Beckham at 270 and Ellie Puglisi and Reagan Carman each at 262. Three Pandas shot their season high score: Jade Wachs by 23, Abbey Hollenkamp by 8 and Ivy Mullins by 1. In addition three Pandas tied their season high: Keira, Reagan and Sarah. Morgan Russell was 1 off of her season high; Caitlin Minning and Lea were 2 off of their season high; and Mack Zemter was 3 off of her season high. Next up for the Pandas is the KHSSA Regional Tournament on Thursday at Beechwood.

ARCHERY PANDAS ROCK!



# COUNSELING AND STUDENT SERVICES



NOTRE DAME ACADEMY

## Body Peace Week

### HOW TO HELP FROM HOME **BODY PEACE WEEK**

This week is Body Peace Week at NDA, where we talk about working towards feeling positive about our bodies and taking care of them in a healthy way. One way to help your daughter with this is to help them become savvy consumers of the media. The things we watch, images we see, and messages that come to us via media can often make us feel less than or not enough. [Check out these tips](#) for media self care from the National Eating Disorders Association. Talk over them with your daughter and pick one they think they can do and try it for the next week. Then follow up, and see if they've noticed a difference when they've been engaging in different behaviors.



### RESOURCES FOR PARENTS & STUDENTS **NDA PARENT TOOLBOX**

NDA's counselors have put together some very useful tools for our parents [HERE](#).



**Child Mind  
Institute**

### HOW TO HELP FROM HOME **HOW TO HELP AN ANXIOUS CHILD**

If you have a daughter who struggles with anxiety [this article from the Child Mind Institute](#) provides concrete examples of how to help reduce those feelings in a productive way.



# QPR TRAINING

is ideal for people who interact with young people, such as:

- Caregivers
- Educators
- Coaches

*all are welcome!*



FREE

## QPR TRAINING

In5 is a local non-profit that serves to increase awareness and education about mental health in teens and adults. They are offering a FREE virtual QPR Training, which stands for Question, Persuade, and Refer. Just like CPR, QPR is an emergency response to someone in a mental health crisis and can save lives. Participants will learn how to question a person about suicide, persuade someone to get help, and refer someone to appropriate resources. Designed to train teachers, caregivers, coaches, or anyone in a position to prevent suicide and how to help save a life.

If interested, the training is March 22 from 4-6 p.m. Follow the link [here](#) to register.



PREPARING FOR THE FUTURE

## NDA COLLEGE VISIT SCHEDULE

[CLICK HERE](#) for a list of college visits specifically for NDA students/families. The visits are in the hallway outside the cafeteria. All students are welcome to visit the reps.

GREAT OPPORTUNITY

## SND SUMMER RURAL HEALTHCARE EXPERIENCE OPPORTUNITY

This summer the Sisters of Notre Dame would like to be able to bring their schools from all regions of the country together to offer them a healthcare experience at St. Claire Regional Hospital near Morehead University. The program would be from Sunday, June 18 - Thursday, June 22. Three students (rising juniors or seniors) from our school would be selected to go to Morehead, KY and stay in a local hotel there while participating in healthcare educational activities through St. Claire Regional Hospital. All sophomores and juniors were emailed about this opportunity and given the link to apply. Deadline to submit the application is by March 23. Late entries will not be considered.





# ADVANCING OUR MISSION

CALLING ALL ALUMNAE

## SAVE THE DATE

Notre Dame Academy is proud to participate in a unique campaign called Girls' Schools Unite! We are teaming up with Mercy McAuley, Mount Notre Dame, Saint Ursula, Seton and Ursuline to raise awareness and financial support for all-girls Catholic education! This year, the campaign is only three days, May 1-3!

Girls' Schools Unite is not just about our individual school colors, mascots or our personal histories. This campaign is about the future generations of all girls' schools and is dependent on the support of our alumnae.

When our communities come together, we can celebrate our successes together!

Please join us in supporting all-girls Catholic education in Cincinnati and Northern Kentucky by participating in the Girls' Schools Unite alumnae giving challenge! Your gift to the Annual Fund will be used to provide critical financial assistance to NDA.



**Girls' Schools Unite!**

Mercy McAuley MOUNT NOTRE DAME Empowering Young Women Seton SAINT URSULA ACADEMY URSULINE Voice. Values. Vision.® NOTRE DAME ACADEMY Educating Women to Make a Difference

**6 Schools, 60 Hours**  
**All in support of Catholic education**

**Mark Your Calendars**  
**May 1-3, 2023**

Help us bring home the trophy!

\*The school with the most ALUMNAE participation wins! More details to follow!

SUPPORTING NDA

## MATCHING GIFTS PROGRAM

Many employers sponsor matching gift programs and will match charitable contributions made by their employees. If eligible a matching gift can sometimes double or even triple your donation to Notre Dame Academy. To search if your employer has a matching gift policy, click on the link below:

<https://www.ndapandas.org/support-nda/annual-fund/matching-gifts>

**PLEASE NOTE**



## SHARING OUR Community News

You can find a complete list of community news [HERE](#).

- Lenten Pilgrimage
- Positions Available for Students and Parents
- Keep the Children in Your Life Safe Online
- House Bill 174 - Pro-Educational Choice Constitutional Amendment
- Dual Credit in Northern Kentucky
- Ed Choice
- Seeking Lower Tuition Payments?

## Important dates

March 23	Mass in Chapel 7:20 a.m.
March 24	Senior Mass at the Cathedral Prom at Music Hall - early dismissal - 11:15 a.m.
March 27	National French Exam during class
March 28	National Spanish Exam during class
March 30	Alumnae Dinner Theatre National Spanish Exam during class
March 31	Musical Opening 7 p.m.
April 1	Musical 7 p.m. Girl Up Day
April 2	Musical 2 p.m.
April 3	Holy Week Prayer Service
April 4	National French Exam during class Diocesan Track Meet at NDA
April 6	Holy Thursday - No School
April 7	Good Friday - No School
April 9	Easter
April 10-14	Spring Break
April 17	School Resumes
April 20	Athletic Signing
April 21	Mid quarter
April 22	Uganda Panda Prowl
April 23	Orange and White Game
April 27	Baby Day