



THE *nda* LIFE

## Dear Parents and Guardians,

As we move forward into the school year, I hope your daughter has made a smooth transition from summer back to the routine of school. It has been another busy week at Notre Dame Academy as we continue to embrace our theme for the year: *Love God, Love Others, Change the World*. This theme is a constant reminder of the values we hold dear as a Catholic school dedicated to Mary and committed to providing an excellent academic education.

At NDA, our mission begins with our identity as a Catholic institution. We are not just a school; we are a faith community where the formation of young women in the Catholic faith is central to everything we do. Our mission statement reflects this commitment:

*“Notre Dame Academy, a Catholic high school dedicated to Mary and committed to academic excellence, exists to educate young women to make a difference in the world.”*

Faith formation is an integral part of an NDA education and our students have many opportunities to grow in their faith. On the next page, you will find many items from our Campus Minister highlighting several of these opportunities, including Bible study, confession, Eucharistic Adoration, service projects and retreats. We also celebrate Mass together most weeks on Tuesday and Friday mornings at 7:20 a.m. and we pray a decade of the rosary on Monday and Thursday mornings at 7:45 a.m. in our chapel. I encourage your daughter to take full advantage of all the wonderful opportunities for faith formation at NDA.

On behalf of our faculty and staff, I want to express my deep gratitude to you as parents for entrusting your daughters to us. We are truly blessed to have each and every one of them as part of our community and we look forward to another wonderful and productive school year.

Thank you for your continued support.

In Notre Dame,

Mr. Jack VonHandorf



# CAMPUS MINISTRY



## MONDAY MORNINGS - ALL STUDENTS ARE WELCOME! BIBLE STUDY KICKS OFF

Monday Morning Bible Study began this week. All students are welcome to participate. The group meets at 7:20 a.m. on Monday mornings in the Reflection Space of the Chapel. They will be using *Sisters of Strength: Exploring Identity, Friendship and Purpose* by Lisa Brennkmeier from *Walking with Purpose* to guide their discussions. Books available for students to pick up when they attend.



## PPT ON TUESDAY

### CONFESSIONS WITH FR. KUNATH

Fr. Kunath will be available for confessions on Tuesdays during PPT beginning this week.



## VOLUNTEERS NEEDED!

### NDUEC

Students who are interested in volunteering after school at the Notre Dame Urban Education Center (NDUEC) in Covington should plan to attend an informational session on Thursday, August 29 during PPT in Alumnae Hall. Brandi Lenihan, volunteer coordinator for the center will be there to answer questions and share about the volunteer opportunities that they have for our students. This agency counts as Gold Service Hours for our students.



## SPEND TIME WITH CHRIST

### ADORATION IN THE CHAPEL

Adoration will be held in the chapel next Tuesday, September 3, during PPT. Students are encouraged to come and spend time with our Lord.



## JOIN US IN FAITH

### SENIOR RETREAT REGISTRATION

Mrs. Price met with the Seniors on Monday to hand out the Senior Retreat Registration. All Seniors must attend one of the three Senior Retreats which are held at the Jesuit Spiritual Center in Milford, OH. Seniors should be checking the retreat dates with parents, coaches, employers, directors etc. and listing any conflicts that they have with the dates. Registration forms are due back to their religion teachers by Wednesday, September 4.



## IMPORTANT INFORMATION AND DEADLINES

### JUNIOR RETREAT REGISTRATION

Junior Retreat Registration forms are due their Religion teachers on Thursday, August. 29.

# Student Life



## FAMILY FUN

### FAMILY UPDATE

Improving the Family System and building a culture of inclusiveness is one of the many focuses of our school for this year. To cultivate that community, we are excited to do more with our Family System during the homeroom times. This fun began last Friday with our first family activities. Some homerooms enjoyed popcorn, milkshakes, making slime, or simply being outside together and getting to know each other. Sister Anita Marie was even showing off her amazing spikeball abilities. It was a great way for our small homeroom communities to begin forming friendships and camaraderie.



## CELEBRATING FAMILY

### FEAST OF ST. ROSE OF LIMA

The Pink Family, better known as the St. Rose of Lima Family, celebrated Feast Day of St. Rose of Lima last Friday as well. They all received some sunglasses so they can see the world through rose colored shades. A few posed on the Spanish Stairs for a picture.



## MAKING A DIFFERENCE

### FAMILY SYSTEM KICKS OFF SUCCESSFUL COLLECTION FOR NOTRE DAME URBAN EDUCATION CENTER

The Family System led the first collection for the year to benefit the Notre Dame Urban Education Center. Last Wednesday through Friday, students could bring in requested school supplies, cash, or backpacks for the center. On Wednesday, they could earn an out of uniform day with their contribution. The Family System was excited to spearhead this worthwhile collection. It was a very successful event collecting over \$900 in cash, 622 school supply items including backpacks. Great job PaNDAs at supporting such a crucial mission of the Sisters of Notre Dame.



## IMPORTANT MEETING FOR NHS ELIGIBLE JRs & SRs NHS CANDIDACY NOTIFICATIONS

Letters notifying juniors and seniors who qualify for candidacy for the National Honor Society based on their GPA (cumulative weighted GPA of 3.50 or higher) are being mailed to students' homes this week. Students who are eligible to apply to the NHS will need to attend an informational meeting on September 4 at 3:10 p.m. in Alumnae Hall. If your daughter did not receive this letter and you believe that she qualifies, please email [Ms. Lara Heidrich](mailto:Ms.Lara.Heidrich), co-moderator of the NHS. Please note that previously inducted members of the NHS do not need to reapply.



### SAY CHEESE

## SCHOOL PICTURES

School Pictures will be taken on Friday, September 6. Please scan the QR code to the left to pre order your daughter's school pictures.

### PANDA SPIRIT WEAR!

## BAMBOOTIQUE

New items in the Spirit Shop that will knock your socks off! Get them while you can!

<https://bambootique.ndapandas.org/products/playing-for-a-purpose-socks>

<https://bambootique.ndapandas.org/products/blue-and-navy-crew-socks>

<https://bambootique.ndapandas.org/products/nda-crew-socks>

### MARK YOUR CALENDARS

## PARENT MINI NIGHT

Please join us on Thursday, September 12 for Parent Mini-Night in the evening. It will begin at 7:00 p.m. and will be a wonderful opportunity to walk your daughter's schedule and meet her teachers. Students will be provided with this schedule on the Tuesday prior and should make a copy and create their own schedule for you. We will follow a Monday class schedule. Parents will have the opportunity to learn of the policies and procedures for the class, content to be taught, etc. We look forward to seeing you.

PLEASE NOTE!



### IMPORTANT INFORMATION

## WEEKLY LUNCH MENU

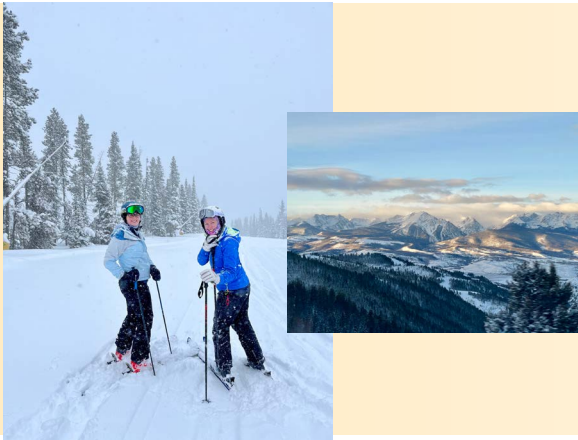
Due to increased cost of food purchased for the cafeteria, this year we will be selling items on an a la carte basis. The prices are marked on each item as the girls/faculty/staff go thru the line. This year the cafeteria will be offer breakfast to the girls. We will start small and increase in items offered as interest grows. Be sure to check out this week's lunch menu [HERE](#).



## DOMINICAN REPUBLIC

# UPCOMING MISSION TRIP

We are offering a mission trip through Catholic Mission Trips Inc. in June of 2025. We will take 12 students for a week (the dates are to be determined, but we will go between June 1-10) to Nuestros Pequeños Hermanos orphanage in Santo Domingo, Dominican Republic. We will be staying and working in the visitor center of the children's home and school run by religious sisters. This is a life changing opportunity full of making global connections, serving others, practicing Spanish, and truly living out our mission at NDA. If your daughter is interested, there is an informational meeting directly after Parent Mini-Night on September 12th in room 211. We look forward to seeing you there! (More information can be found here: <https://catholicmissiontrips.net/upcoming-trips/dominican-republic/>)



## WINTER PARK, COLORADO

# 4TH ANNUAL SKI TRIP

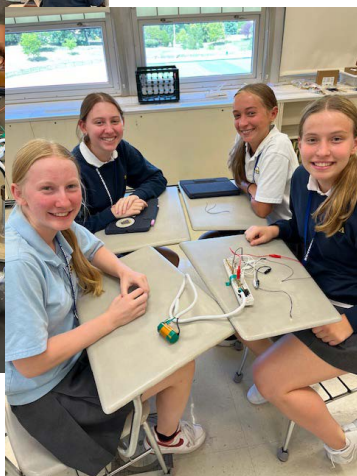
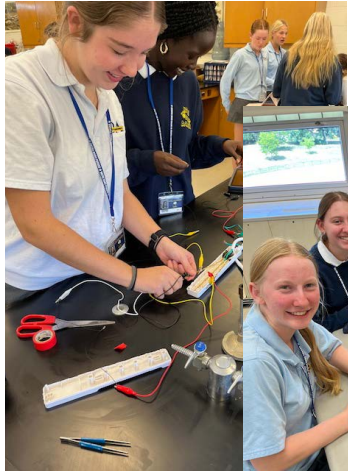
Registration is now open for NDA's 4th Annual Ski Trip to Winter Park, Colorado (January 16-20)! Fill out the form [HERE](#) to save your spot!! Registration is first come, first serve and will be open until August 30th or until all spots have been filled. The trip will be chaperoned by NDA faculty and staff.



## EDGAR'S LATIN RETREAT

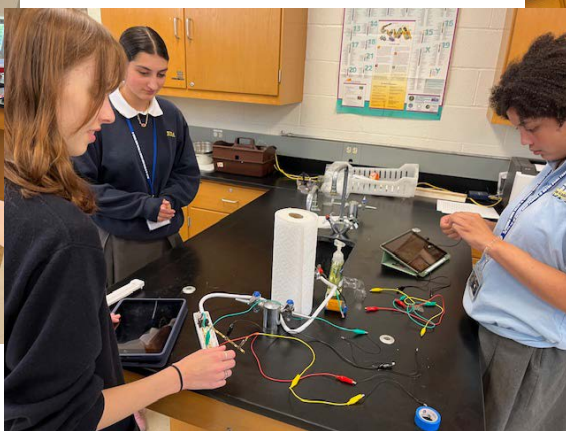
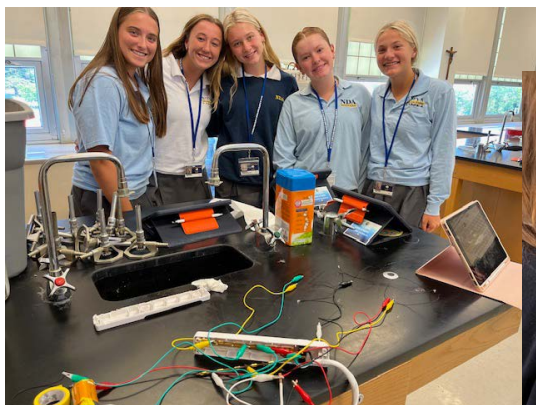
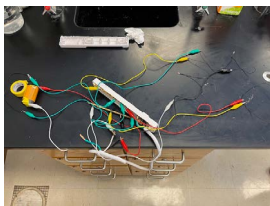
# MAKING FRIENDS IN LATIN 4

Edgar came by Latin 4 for a visit last Friday and didn't take long to relax and make himself at home with some of his favorite friends!



## POWERING KNOWLEDGE PHYSICS CP STUDENTS SIMULATE ELECTRIC GRID AND SOLVE REAL-WORLD CHALLENGES

Recently Mr. Stamm's Physics CP class dissected Power Strips and used them to simulate the electric grid in our communities. The students were then able to better understand disasters such as the Texas blackouts of 2021, and were able to offer solutions to these societal problems.



## THE PRIDE OF PARK HILLS DON'T MISS THE NDA/CCH BAND'S PERFORMANCES THIS SEMESTER!

Get ready to be dazzled by the Pride of Park Hills! The Notre Dame Academy and Covington Catholic High School Band is set to deliver an electrifying series of performances this semester. Known for their vibrant energy, skillful musicianship, and impressive showmanship, the NDA/CCH Band never fails to captivate audiences with their dynamic displays of musical talent.

Whether you're a long-time fan or a first-time listener, this is your chance to experience the Pride of Park Hills in action. Mark your calendars and make sure to catch one of their upcoming performances. From pep rallies to halftime shows, the band's infectious enthusiasm and dedication to their craft will leave you cheering for more.

### 1st Quarter Band Performance Dates

September 6, Friday 6 - 8:15,  
September 19, Thursday 3:40 - 5,  
September 20, Friday 6 - 8:15,  
October 4, Friday 6 - 8:15,

Halftime Show CCH Football  
PIZZA, Volleyball Band 6-8:30  
Halftime Show CCH Football  
Halftime Show CCH Football

### 2nd Quarter Band Performance Dates

October 25, Friday 6 - 8:15,  
November 10, Sunday - 12:30 - 4  
December 8, Sunday 4:30 - 5:30

Halftime Show CCH Football  
Open House @ Both Schools  
Christmas Concert @ NDA



## BLOOD DRIVE SUCCESS

# THANK YOU FOR SAVING LIVES!

We are thrilled to share the results of our recent blood drive, and we couldn't have done it without your support! Our Notre Dame Academy community came together and made a significant impact.

- 13 donors made appointments, with a total of 15 donors registering for the drive.
- We collected 12 whole blood products, helping to save the lives of 36 patients in our local community.
- We welcomed 3 first-time donors—a fantastic addition to our lifesaving efforts!

A special thank you to everyone who participated, including walk-ins and those who faced deferrals. Your willingness to donate truly makes a difference. We look forward to continuing this tradition with our spring blood drive, and we're already planning for next fall's event.

### Exciting News: Help Us Reach 50 Donors!

If we can reach a total of 50 donors by October 27, NDA will receive a \$500 grant! Every donation counts, whether it's at our school or any Hoxworth location. We are still eligible for this Hoxworth grant, so please spread the word and encourage others to donate. Let's work together to meet this goal and secure valuable funds for NDA.

All the details can be found in the information below. Let's continue to make a positive impact and help save even more lives in our community!

**Hoxworth**  
BLOOD CENTER  
UNIVERSITY OF CINCINNATI

**SAVING LIVES**  
Close to Home Since 1938

## Be a Superhero, Donate Blood. Earn \$500 Grant!



### THE CHALLENGE:

Gather 50 or more students, family, friends, or alumni to donate blood in your high school's name at any of Hoxworth's seven Neighborhood Donor Centers or an upcoming blood drive at your high school during the high school football regular season through October 27th and your school will earn a \$500 grant!

Winning schools will be presented a check live on Local 12 TV.

### Schedule Donation

[hoxworth.org](http://hoxworth.org) | (513) 451-0910



### Where to Donate

Donate blood at your school's upcoming blood drive

#### Neighborhood Donor Centers

- **Anderson**  
7715 Five Mile Road
- **Blue Ash**  
9708 Kenwood Road
- **Ft. Mitchell, Kentucky**  
2220 Grandview Drive
- **Tri-County**  
11812 Springfield Pike
- **Central**  
3130 Highland Avenue
- **North**  
7844 Kingland Drive
- **West**  
6323 Glenway Avenue

# KUDOS TO OUR PANDAS!

Our Pandas are doing an excellent job this year following the uniform style standards. We appreciate everyone's effort to maintain the dress code, especially in regard to making sure the skirts are an appropriate length. As a reminder, warnings have started being given out this week for those who aren't fully in compliance. Let's keep up the great work and continue to represent NDA with pride!



## PANDA-PERFECT Style Standards

For the Sisterhood of the Gray Skirts!



**Lanyard: Must be worn at all times**



**Polo Shirt: White or light blue banded NDA polo shirt**



**Sweater/Sweatshirt: Navy blue NDA uniform-approved pullover sweater, cardigan, vest, crewneck sweatshirt or fleece**



**Skirt: Gray uniform skirt, zipped and buttoned, no higher than mid-thigh**



**Leggings: White, gray, black, or navy blue solid-colored, close fitting and tapered at the ankle**



**Shoes: Appropriate, closed-toe shoes with a back**



**Positive Attitude**



Accountability is your responsibility.  
Lead by example.





# ATHLETIC DEPARTMENT



## NOMINATION TIME

### ATHLETIC HALL OF FAME

Please submit any nominations for our 2025 Hall of Fame Induction Ceremony [HERE](#) by October 31. We'll announce the inductees in mid-November 2024, and the Hall of Fame ceremony will take place in the first week of February. Stay tuned for more details!



## FROM THE DESK OF THE

### ATHLETIC DIRECTOR

**Volleyball** is off to a great start with a 3 - 0 record. They will be traveling to Florida this weekend to participate in the Champions Tournament in Gainesville.

**Soccer** is off to a hot start too. They are 3 -0-1. The tie came from Sacred Heart who was the State Runner-up last year. They are off to play at Central Hardin on Friday and then Greenwood on Saturday.

**Cross Country** hosted their 2024 panda Classic last weekend with 1093 runners participating. The team finished 2nd at this meet.

**Golf** is well into their season. Coach Henderson is seeing improvement through the season. The coaches are looking for continued improvement and success.

#### IMPORTANT INFORMATION:

Parents, please be sure to have signed up your athlete in Final Forms to either pay the discount card fee to sell the discount cards by Sept. 1st. No athlete will be charged until they are on a team roster. If you do not know if your daughter will play, we suggest not signing up to sell the cards.

## GO PANDAS!

### TIME TO VOTE!

Make sure you vote for your fellow Pandas this week [HERE](#)!

**VOTE! VOTE! VOTE!**

Maggie Durrett - NKY/IND girls cross-country runner of the week  
Lizzy Larkins - Top NKY/IND volleyball player of the week  
Scarlet Cogswell - Top NKY/IND girls soccer player of the week  
Volleyball - Top girls fall team of the week

# COUNSELING AND STUDENT SERVICES



## CAREER COACHING AND SHADOWING

### NAVIGO SCHOLARS OPPORTUNITIES

Don't miss out on an incredible opportunity to explore your future career through the NaviGo Scholars Programs! Whether you're interested in law, cybersecurity, engineering, or manufacturing, these programs offer hands-on shadowing and coaching experiences that can set you on the path to success. The application deadline is fast approaching on September 4, so take a moment to check out [THIS INFORMATION](#) for more details. If you have any questions, feel free to stop by the Quad!



## FREE!

### PSAT/SAT PREP DURING SCHOOL FOR JUNIORS

All juniors are being asked if they are interested in getting FREE PSAT prep using their study period on either Tuesdays or Thursdays. This is a great program and we will be having it for the next several weeks until the PSAT on October 9th. Our students that took advantage of this last year said it significantly helped them on their score and standardized testing in general. Here is the link to Form I sent out to all of the juniors to sign up: [FREE PSAT prep](#)

## WEDNESDAY, OCTOBER 29

### SENIOR ACT IN SCHOOL



We will be having a senior ACT offered during school hours at St. Joseph Heights across the parking lot on October 29. The cost is \$56 and will be billed through facts if a student signs up. Last day to sign up is August 29. Other seniors on this day will either sign up to take the test, or they will use this day as a college visit or career shadow day. Seniors will need to choose one option and they need to get the college visit form if they do not take the test. Here is the link to sign up for the ACT. Due to space, we are limited to 50 test takers that day.

[Senior ACT sign up](#)

PLEASE NOTE!

## ATTENTION FRESHMAN PARENTS

### FRESHMEN COUNSELOR MEETINGS

Mrs. Slone and Mrs. Monohan have been busy meeting with our new freshmen class individually. We want each student to eventually meet with one of us so they know where we are and how we can help them with college, career, social/emotional issues. It has been so great getting to know this great class of students!



DRUG FREE CLUB - JOIN TODAY!

## “MAKING THE RIGHT CHOICE EASY”

The time is NOW to sign up for Drug Free Clubs of America (DFCA). Drug Free Club is the largest club at Notre Dame Academy, with over 400 members last year. It offers confidential drug testing, education, school and community rewards, positive reinforcement, student leadership opportunities, parent support, and a safety net when dealing with drug situations by saying, “I can’t, I might be tested.” Parents can obtain more information and complete online applications on the Drug Free Club website found [here](#). For more information about how Drug Free Club works at Notre Dame Academy, please reach out to school counselor Erin Maggard at [maggarde@ndapandas.org](mailto:maggarde@ndapandas.org).

COLLEGE  
REP VISITS

PREPARING FOR THE FUTURE

## NDA COLLEGE VISIT SCHEDULE

[CLICK HERE](#) for a list of college visits specifically for NDA students/families. The visits are in the hallway outside the cafeteria. All students are welcome to visit the reps.



GRIEF SUPPORT

## FERNSIDE ON-SITE SUPPORT GROUPS

Fernside Center for Grieving Children will be offering time-limited support groups during the school day, meeting once a week for 5-6 weeks, depending on what works best for the group. These sessions will cover various themes each week, including telling your story, feelings, changes, family and memories.

If your daughter is interested in participating, please sign up using the interest form linked [HERE](#).



Child Mind  
Institute

ATTENTION PARENTS

## STRATEGIES FOR A SUCCESSFUL SCHOOL YEAR

One way students can be their most successful both inside and outside of the classroom is by getting enough sleep each night. Read [this article](#) to learn about strategies that might help your student(s) get a better night’s sleep.

# ADVANCING THE MISSION



## LIGHT THE NIGHT FOR NDA: A CELEBRATION OF EXCELLENCE

We are excited to announce our upcoming fall fundraiser, *Light the Night for NDA*, which will be held at The Grand Ballroom in Covington, Kentucky, on Saturday, November 16, 2024. This cherished event brings together our current and past parents as well as alumnae and community members for an evening of drinks, music, dinner and merriment.

Join us for this fun celebration of our mission, and let's *Light the Night for NDA* together! For more information, contact [Myanna Webster](#).

## JOIN US IN SUPPORTING LIGHT THE NIGHT GIFT GATHERING CONTRIBUTIONS

As we prepare for Light the Night for NDA on November 16, we invite you to join us in making this event a success by contributing a gift for our auctions. We would love to see you at your grade level Gift Gathering Party or you can drop off gifts at the front office or contribute by selecting something from our [Amazon Wishlist](#). Your generosity plays a crucial role in ensuring the success of our biggest fundraiser of the year, helping us continue to provide exceptional opportunities for our students. Thank you for your continued partnership in our mission and Catholic community.

### Gift Gathering Parties:

Senior- already held

Junior - September 18 - [RSVP](#)

Sophomore - TBD

Freshman - already held



You can find a complete list of community news. [HERE](#).

- YES on 2

## Important dates

August 29	Mass in the Chapel 7:20 a.m.
September 2	NO SCHOOL - Labor Day
September 6	Picture Day
	Playing for a Purpose / Fall Sports Pep Rally
September 7	Playing for a Purpose Volleyball - Boone County H.S.
September 10	St. Joseph Crescent Springs Shadow Day
September 11	Mid-Quarter
September 12	Blessed Sacrament Shadow Day
	Alumnae Rosary 12:50 p.m. - All are welcome!
September 14	Junior Pilgrimage Retreat
September 17	Feast Day of St. Hildegard of Bingen - Purple Family Celebration
September 18	Donor Scholarship Breakfast
September 20	Super Day
September 24	St. Pius X Shadow Day
September 26	St. Agnes/Prince of Peace Shadow Day
September 27	Club Orientation
October 1	Foundation Day Mass and Accreditation Celebration
October 11	NO SCHOOL - Professional Development Day
November 1	NO SCHOOL - All Saints' Day
November 5	NO SCHOOL - Election Day
November 10	Open House
November 16	Light the Night for NDA
November 27	NO SCHOOL - Professional Development Day
November 28-29	NO SCHOOL - Thanksgiving Break