



THE *nda* LIFE

Dear Parents,

I would like to wish you all an early Happy Founders Day! Sunday, October 1, is a special day for the Sisters of Notre Dame and our school. It is SND Foundation Day commemorating the day our founders Hilligonde Wolbring and Elisabeth Kuhling began their religious life in Coesfeld, Germany. Hilligonde Wolbring became Sr. Maria Aloysia and Elisabeth Kuhling became Sr. Maria Ignatia and they began the Sisters of Notre Dame order in Coesfeld, Germany. These young women were dedicated to providing an education to the many young girls of their region with little to no access to an education.

On Monday at NDA, we will celebrate SND Foundation Day remembering the courage, faith and commitment of the founders of the Sisters of Notre Dame and giving thanks that they began a tradition of excellence in education and service to others. We will begin the day with an all-school Mass and then at lunch Mrs. Miller and I will share ice cream sandwiches our students in commemoration of Sr. Maria Aloysia and Sr. Maria Ignatia sharing sandwiches with their students. The day will be a nice way to remind our students, faculty and staff of how the founders of the Sisters of Notre Dame have taught us the significance of *Radiating God's Goodness*.

Last Friday we had our Fall Sports pep rally followed by our annual Playing for a Purpose volleyball game. It was a great opportunity for our students to live the mission of NDA by making a difference through a very fun event.

On Monday we had our Common Reader Day. While this is a different day of school, it is one that has tremendous impact. I would like to thank everyone being part of the discussions and speakers.

Thank you for your continued support of NDA. It is through many generous hearts that we are able to continue the good work of the Sisters of Notre Dame by educating young women to make a difference in the world.

In Notre Dame,

Mr. Jack VonHandorf



***Sharing a sandwich,
touching a life!***

Hilligonde Wolbring shared her sandwich with a student. God worked through her to help the poor and called her to begin the Sisters of Notre Dame. She shared her dream with Elisabeth Kuhling. Together they spread God's goodness and provident care around the world.



REFLECTION

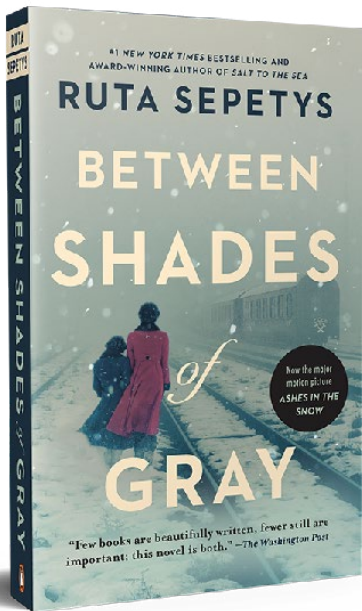
COMMON READER DAY

As we celebrate the 10th anniversary of Common Reader Day, juniors Abby Litmer, Ella Walsh and Kat Heuker reflect on the festivities surrounding the book: *Between Shades of Grey* by Ruta Sepetys.

On Monday September 25, students gathered to listen to Ruta Septeys talk about the background of the novel and some of the reasoning on why she chose to write it. The students also listened to a Ukrainian refugee couple who talked about their horrific experiences when fleeing from their home country last year.

Throughout the day, the students walked through sessions learning about Lithuanian culture and other themes pertaining to the novel. Sessions included Lithuanian folk dancing, Lithuanian childhood games, an art session based on the work of Edward Munch, an artist mentioned in the book, and a time capsule session. These sessions helped students learn about the culture behind the book.

Common Reader Day is an important part of Notre Dame Academy and we can't wait for next year.



Student Life

STU-CO NEWS

LEADERSHIP

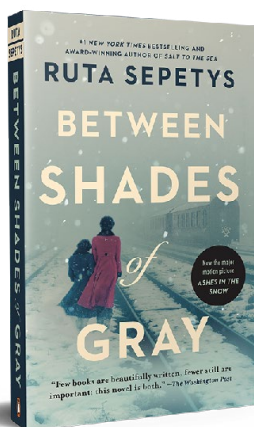
STU-CO NEWS

Student Council Freshman Representative Applications were due today. We will elect 8 Freshmen to represent their classmates throughout the school year on Monday, October 9. We look forward to having some freshmen join in the leadership roles throughout the school!

YUM!

FOOD TRUCK DAY

On Monday Student Council hosted the first Food Truck Day of the year. Students were able to order lunch from Chicken Mac Truck, Texas Joe's, Graeter's and Marty's Waffles. We had beautiful weather and students enjoyed the delicious food and the time outside! Thank you so much to Mrs. Kroger and Ms. Hilbert for making this day such a success!



COMMUNITY COLLABORATION

COMMON READER DAY

On Monday, our students also benefited from a day full of activities stemming from the book, *Between the Shades of Gray*. The activities were planned by the Common Reader Committee spearheaded by Mrs. Price, Mrs. Hildreth, Mr. VonHandorf, Mrs. Johnson and Mrs. Proudfit. Student leaders developed activities relating to the culture of the text - students played games, danced, completed artwork and held discussions all centered upon this text. In addition, Ukrainian migrants were guest speakers and the author Ruta Sepetys visited via Skype as well. The students enjoyed the day and the experiences centered around such a powerful text.

UNIFORM POLICY

DRESS CODE

The weather is turning cooler, and this is always a good time to revisit our uniform policy.

Notre Dame Academy has a school uniform that consists of:

- a gray uniform skirt or uniform slacks (the skirt or pants must fit properly, be zipped and buttoned, hemmed appropriately and free of stains, rips, and/or holes). **Skirt length must reach below one's fingertips when arms are fully extended at side**
- a white or light blue banded Notre Dame Academy polo shirt
- solid white, gray, black or navy blue socks
- appropriate shoes that have a back to them
- lanyard

Optional items that may be purchased and worn with the uniform include:

- a navy blue Notre Dame Academy pullover sweater, cardigan sweater, sweater vest, fleece or sweatshirt (available for purchase through Schoolbelles and NDA's Bambootique)
- a navy blue blazer with NDA's emblem for special occasions such as Mass, award ceremonies, etc.
- gray, black, or navy blue leggings; sweatpants are not permitted under uniform skirts



FALL SALE

SCHOOLBELLES

Schoolbelles is having a sale September 28 - October 1, 2023. If you are registered with Schoolbelles, you should have received notification of the sale. Everything is 30% off.

WE NEED
YOUR HELP

MOTHER/DAUGHTER DANCE!

VOLUNTEERS NEEDED

Mark your calendars for November 10, our Mother / Daughter Dance. A great deal of help is needed to make this night a success. If you are willing to volunteer, please contact Lisa Timmerding at timmerdingl@ndapandas.org.

VOTE!
VOTE!
VOTE!

GOOD LUCK PANDAS!

PLEASE VOTE

Please take some time to vote for some of our very own successful athletes:

Notre Dame Volleyball - Top girls fall team of the week - after their SWEEP of St. Henry during the Playing for a Purpose matches.

Kimmie Woeste - top NKY/IND girls soccer player of the week

<https://www.cincinnati.com/story/sports/high-school/high-school-sports/2023/09/25/cincinnati-enquirer-high-school-athlete-of-the-week-sept-25/70963736007/>



MARK YOUR CALENDAR

DAY OFF FOR STUDENTS

On October 6, the students will be off of school while the teachers work on professional development. Please be sure to mark it on your calendar.



DELICIOUS NEWS

WHAT'S FOR LUNCH?

You can find NDA's lunch menu below and on our website [HERE](#).

Parents, please check your daughter's lunch account balance throughout the school year to avoid overdue account issues. Thank you!

PANDA GEAR

BAMBOOTIQUE

Get your fall Panda gear online [HERE](#).

ALSO, we are looking for volunteers for the Bambootique. If you can help out, please sign up [HERE](#).



PLEASE NOTE!



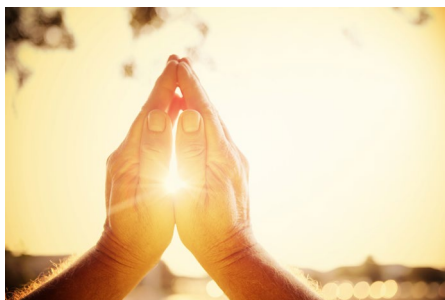
PLEASE NOTE

ATTENDANCE EMAIL

If your daughter is going to be late, out for the day or if she is leaving early, please contact the office through is attendance@ndapandas.org or call the main phone line 859-261-4300.

CAMPUS MINISTRY NEWS

Servant Leadership



MAKING A DIFFERENCE

SERVICE PROJECTS

Service Projects continue to be called into the Campus Ministry Office. Students can find the list of Upcoming Service Projects on the Student Padlet each week. The list can also be found [here](#). Please encourage your daughter to sign up for events that are coming up and not wait until the last minute to complete their service work. For a full list of guidelines and requirements, [click here](#).

ALL ARE WELCOME

UPCOMING MASS TIMES:

Friday, September 29 - 12:45 p.m. - St. Hildegard of Bingen Family Mass

Monday, October 2 - 8:50 a.m. - All School Foundation Day Mass

Auditorium

GROWING SPIRITUALLY

FRESHMEN RETREAT

The Freshmen Retreat will take place on Wednesday, October 11 from 8:00 a.m. - 12:30 p.m. More information will be shared in the coming weeks. All Freshmen are required to attend this retreat day here at NDA.

REGISTER TODAY

SUMMIT23

Summit23 is a Eucharistic Retreat hosted by the Diocese of Covington. It is a great opportunity to dive deeper into your faith. This year the Summit23 Retreat will be held on NDA's campus from October 6-8. For more information about the retreat or to register - visit their [website](#). Early Bird Registration is due by Wednesday, September 20 at midnight.

SUMMIT23
A High School Eucharistic Retreat

ATHLETIC DEPARTMENT

CLEAN SWEEP



NDA!



MAKING A DIFFERENCE

FINAL SCORE

GO PANDAS!



@NOTRE_DAME_ACAD

NDA 3 VS 1 ST. HENRY



COUNSELING AND STUDENT SERVICES



BOO!

NDA/CCH FRESHMEN HALLOWEEN DANCE

The annual Covington Catholic and Notre Dame Academy freshman Halloween Bash will be held on Saturday, October 14 from 8-10:30 p.m. We wanted to reach out to all parents so they can encourage their daughter to attend and to also let you know the details for the night.

The event will be held in the upper level of the Gardens of Park Hills. We will have a DJ, snacks and prizes throughout the night!

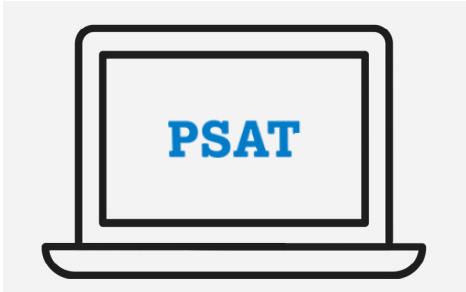
This event was started to give the CCH and NDA freshman classes a social opportunity to get to meet each other early in the school year. The tradition has been for everyone to wear a costume, and there will also be a costume contest.

Costumes must be appropriate, and masks are not encouraged so students can be identified. Here are some final details:

- Only freshmen students from CCH and NDA can attend. Students from other schools are not permitted to attend this event.
- Tickets are only \$5.00 (cash only) and must be purchased by Friday, October 13. No walk-ins. Tickets will be sold at CCH and NDA.
- Students must arrive by 8:30 p.m. and must stay until 10:15 p.m.
- Written documentation must be provided by a parent in advance if the student needs to arrive late or leave early for any reason. No notes or phone calls will be accepted on the night of the event.

If you have any questions, please contact Mrs. Monohan (monohanc@ndapandas.org) at NDA or Mr. Barczak (tbarczak@covcath.org) at CCH.





ATTENTION SOPHOMORES AND JUNIORS

PSAT TESTING DAY

On Wednesday, October 11, all sophomores and juniors will be taking the Preliminary SAT (PSAT). We will start school that day at 9:00 a.m. and testing will last until close to noon. Sophomores and juniors will be dismissed at that time. The PSAT is only available this year to be completed electronically. All students will be practicing this using an app that will be pushed out on their iPads. There are some changes to the PSAT/SAT this year and [HERE](#) is a link about the format of the test this year.



PREPARING FOR THE FUTURE

NDA COLLEGE VISIT SCHEDULE

[CLICK HERE](#) for a list of college visits specifically for NDA students/families. The visits are in the hallway outside the cafeteria. All students are welcome to visit the reps.

SUPERDAY OF HIGH SCHOOL INFO

IMPORTANT HIGH SCHOOL TOPICS

SUPER SATURDAY COLLEGE AND PARENT INFO SESSION

Covington Catholic is inviting any NDA parent and student that is interested to attend their Super Saturday event on Saturday, September 30 from 8:00 a.m. - 12:00 p.m. There will be various breakout sessions about the new FAFSA, Dual Credit, College Scholarships, GSA, GSP, GSE and Mental Health concerns for our students. Please consider coming and hearing about important high school topics. We are asking that you register so we can have a good idea for the number of handouts that will need to be printed. Please use [this link](#) to sign up. Let Mrs. Monohan (monohanc@ndapandas.org) know if you have any questions.



JOIN TODAY!

DRUG FREE CLUB

Last Wednesday, 218 Pandas were tested for Drug free Club! If your daughter is a member and was not tested last week, don't worry! Testing will continue throughout the year! Part of the success of Drug Free Club is not knowing when testing will occur. Members can honestly say, "I can't! I might be tested."

Q: Why haven't you completed an application for your daughter to be part of Drug Free Club at NDA?

A: My daughter may have used something, and I don't want her to get in trouble for it.

TRUTH - The school never gets the results of the drug tests. DFCA informs parents directly of any positive results, allowing them to handle the situation and get any help as they best see fit.

Applications will be accepted through October 31.



RESOURCES TO UNDERSTAND & HELP TEENAGE GIRLS NDA PARENT TOOLBOX

NDA's counselors have put together some very useful tools for our parents [HERE](#).

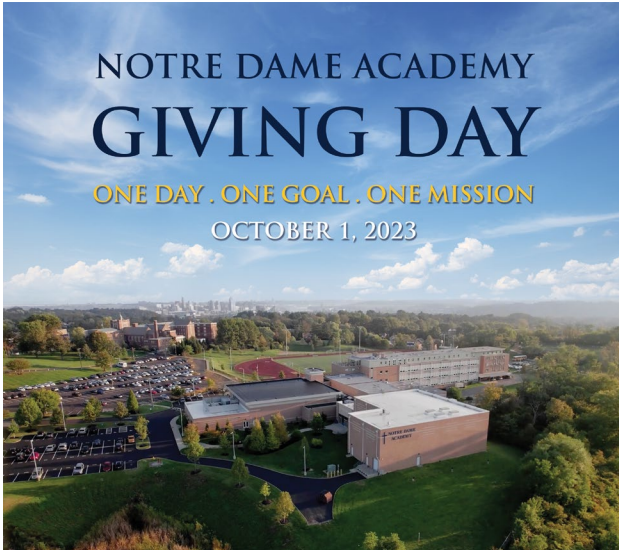
YOU'RE INVITED

THE KY GOVERNOR'S SCHOLARS PROGRAM (GSP)

GSP is a 5-week summer residential program for outstanding KY students after completing their junior year of high school. Established in 1983, the program provides academic and personal growth through a strong liberal arts program balanced with a full co-curricular and residential life experience while living on a college campus. Students complete an application and compete with others from across the state. The Program's mission is to enhance Kentucky's next generation of civic and economic leaders. Those selected attend the program free of charge. The [GSP website](#) has basic information and will be updated in mid-September with information for GSP 2024. Applications are due November 20. Contact Mrs. Hildreth with questions.



ADVANCING THE MISSION



CELEBRATING THE SISTERS OF NOTRE DAME

ONE DAY . ONE GOAL . ONE MISSION

Giving day is this Sunday, October 1st! This is an annual event that honors the foundation date of the congregation of the Sisters of Notre Dame. October 1, 1850 is when our founders, Hilligonde Wolbring and Elisabeth Kuhling, became Sr. Maria Aloysia and Sr. Maria Ignatia, beginning the Sisters of Notre Dame order in Coesfeld, Germany. This special day serves as a celebration of our sponsors and an opportunity for our community to come together in gratitude for the numerous gifts bestowed upon us by the Sisters of Notre Dame.

We will be celebrating SND Foundation Day as a school community on Monday, October 2 as we carry forward this legacy of our founding Sisters by offering a premier education to the young women of our region, made possible through the generosity of our NDA alumnae, families and friends. We invite you to join us as we collectively strive to make a difference through this Giving Day, One Day. One Goal. One Mission.

Please support Notre Dame Academy and ensure that our tradition of excellence in education continues for generations to come.

**CLICK HERE
TO MAKE A DONATION TO NDA'S
ANNUAL FUND IN CELEBRATION
OF SND FOUNDATION DAY!**

LIGHT THE NIGHT FOR NDA 2023

GOLDEN OPPORTUNITY RAFFLE!

1 LUCKY WINNER
WILL BE CHOSEN AT LIGHT THE NIGHT FOR NDA ON 11.11.23

WINNER GETS CHOICE OF EITHER

CASH PRIZE OF **\$10,000** OR **ONE YEAR OF TUITION AT NDA**
UP TO \$10,000 FOR THE 2024-25 SCHOOL YEAR
TUITION IS TRANSFERABLE

\$25 PER TICKET

LIGHT THE NIGHT FOR NDA

IT'S RAFFLE TIME!

Consider supporting NDA's largest fundraiser, Light the Night for NDA by purchasing a chance to win Tuition for the 2024-25 school year or \$10,000! Tickets can be purchased online or at the Development Office from 8:00 a.m - 3:30 p.m. An out of uniform pass will be given to any student who sells 4 or more tickets. Additionally, the school family (St. Rose of Lima, St. Hildegard of Bingen, St. Joan of Arc, St. Gemma Galgani) with the highest percentage of participation at the end of October will earn 150 family points! If you would like more details or have questions regarding the Golden Opportunity Raffle or Light the Night for NDA feel free to contact Denise Bowman at bowmand@ndapandas.org.



You can find a complete list of community news [HERE](#).

- 2023-24 Thomas More Dual-Credit Information Sessions
- Molly Mayer's Studio of Dance

Important dates

September 27	Benefactor Scholarship Breakfast
September 28	St. Agnes/Prince of Peace Shadow Day
September 29	Mass for St. Hildegard of Bingen Family at 12:45 p.m.
October 1	Golden Girls Mass/Luncheon
October 2	SND Foundation Day Celebration
October 5	NDA Informational Session
October 6	No School - Faculty PD Day
October 6-8	Summit 2023
October 9	Non-Feeder Shadow day
October 10-11	Super Day - FR-Retreat, SO/JR - PSAT, SR -Thrive
October 13	End of 1st Quarter
October 15	Tech. Week Begins
October 16	Senior Retreat #1
October 17	NDA Information Night
October 20	Fall Play
October 23	Red Ribbon Week Begins